



## Presence, characteristics and equity of access to breast cancer screening programmes in 27 European countries in 2010 and 2014. Results from an international survey



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### ABSTRACT

The European Union Council Recommendation of 2 December 2003 on cancer screening suggests the implementation of organised, population-based breast cancer screening programmes based on mammography every other year for women aged 50 to 69 years, ensuring equal access to screening, taking into account potential needs for targeting particular socioeconomic groups. A European survey on coverage and participation, and key organisational and policy characteristics of the programmes, targeting years 2010 and 2014, was undertaken in 2014. Overall, 27 countries contributed to this survey, 26 of the 28 European Union member states (92.9%) plus Norway. In 2014, 25 countries reported an ongoing population-based programme, one country reported a pilot programme and another was planning a pilot. In eight countries, the target age range was broader than that proposed by the Council Recommendation, and in three countries the full range was not covered. Fifteen countries reported not reaching some vulnerable populations, such as immigrants, prisoners and people without health insurance, while 22 reported that participation was periodically monitored by socioeconomic variables (e.g. age and territory). Organised, population-based breast cancer screening programmes based on routine mammograms are in place in most EU member states. However, there are still differences in the way screening programmes are implemented, and participation by vulnerable populations should be encouraged.

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### 1. Introduction

Breast cancer screening programmes in Europe have been in place since the late 1980s, since results of trials on their effectiveness became available (Shapiro, 1977; Tabár et al., 1985; Andersson et al., 1988;

Roberts et al., 1990; Tabár et al., 1992). Surveys conducted in subsequent years (Jensen et al., 1990; Shapiro et al., 1998; Klabunde et al., 2002; Lyng et al., 2003; Yankaskas et al., 2004; Broeders et al., 2005; Klabunde and Ballard-Barbash, 2007) reported a gradual implementation of programmes, sometimes applying different policies, and heterogeneous compliance. At European Union level, the Council Recommendation of 2 December 2003 (Council of the European Union, 2003) (OJ L 327, 16.12.2003, p. 34.) set a list of requirements for the implementation of organised, population-based breast cancer screening programmes; it represents a shared commitment by member states to implement cancer screening programmes. The Council Recommendation also recommended a breast cancer screening protocol 'foreseeing mammography screening for breast cancer in women aged 50 to 69 in accordance with European guidelines for quality assurance in mammography'.

The expected outcome of cancer screening programmes is a decrease in mortality rates for some types of cancer (von Karsa et al.,

*Abbreviations:* DG SANTE, European Commission Directorate-General for Health and Food Safety; ECN, European Cancer Network; EHS, Eurostat European health interview survey; EUNICE, European Network for Information on Cancer; EPAAC, European Partnership for Action Against Cancer; FISABIO, Fundación para el Fomento de la Investigación Sanitaria y Biomédica de la Comunitat Valenciana; JRC, European Commission's Joint Research Centre.

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2008); however, participation in such programmes is key to attaining the expected outcomes. The different barriers to participation include: organisational aspects of the screening programmes; people's knowledge, beliefs and attitudes about the disease and the programmes; and lack of screening opportunities in some regions of Europe (Bastos et al., 2010). Together, these barriers are shaping inequalities in cancer care.

Social inequalities in cancer imply health inequities spanning the full cancer continuum and cover social inequalities in the prevention, incidence, prevalence, detection and treatment, survival, mortality, and burden of cancer and other cancer-related health conditions and behaviours (Krieger, 2005). Population-based screening programmes assure more equity in access in comparison with other health initiatives such as opportunistic screening programmes (Palència et al., 2010). However, social inequalities in access can still be observed in population-based programmes (Spadea et al., 2010), as shown by the fact that vulnerable populations – those who “because of shared social characteristics are at higher risk of risks” (Frohlich and Potvin, 2008) – participate less in breast cancer screening programmes. These groups include those with lower socioeconomic status, and those pertaining to minority ethnic groups (von Euler-Chelpin et al., 2008; Szczepura et al., 2008). Equity aspects are considered in the Council Recommendation, which ask for ‘action to be taken to ensure equal access to screening, taking due account of the possible need to target particular socioeconomic groups’ (Council of the European Union, 2003).

In 2008, a first report of the implementation of the Council Recommendation was issued (von Karsa et al., 2008) (hereinafter *Implementation Report*). It was based on a written survey involving the EU member states, conducted by the European Commission's Directorate-General for Health and Food Safety (DG SANTE) in the second half of 2007, and complemented by information obtained from two European projects (European Cancer Network – ECN, and European Network for Information on Cancer – EUNICE). The *Implementation Report* stated that most member states had followed the Council Recommendation, and that most of them intended to undertake future actions. Data collected through EUNICE, also published by Giordano et al. (Giordano et al., 2012) in 2012, referred mostly to 2005, 2006 and 2007. In 2010, the first wave of the Eurostat European health interview survey (EHIS) (Eurostat, 2010) asked for few variables related to cancer screening (percentage of women who had undergone a mammography and, if a woman had undergone a mammography, what her reasons for doing so were); most countries reported data up to 2008 or 2009. While a second *Implementation Report* is in preparation (DG SANTE Grant Agreement 2011 53 03), no consistent data were available after 2010. In 2014 a new survey was undertaken in order to provide bridging on some general indicators on breast cancer screening programmes in Europe, and to provide original data on equity of access to those programmes.

## 2. Methods

Contacts within each member state were derived from two independent surveys conducted by the European Commission's Joint Research Centre (JRC) in 2012 (European Commission Initiative on Breast Cancer, 2015; Lerda et al., 2014), and the *Fundación para el Fomento de la Investigación Sanitaria y Biomédica de la Comunitat Valenciana* (FISABIO) within the European Partnership for Action Against Cancer (EPAAC) framework. Further details on those surveys are reported in Appendix A.

### 2.1. Data collection

Contributors to the two previous surveys received a joint communication from the JRC and FISABIO in July 2014, asking if they were interested in providing data for the publication of a common research paper. Each country was asked to provide a unique contact person and the

names of up to two additional contributors (with the exception of countries with regional screening programmes, which were allowed more contributors). These persons were held responsible for checking and integrating the information reported in the past two survey(s) they had contributed to, according to standardised definitions provided in a new questionnaire. Definitions from the EUNICE project (EUNICE, 2012) and the *Implementation Report* (von Karsa et al., 2008) were applied when relevant. All countries except one that had participated in previous surveys agreed to contribute to the new paper.

### 2.2. Data analysis

A descriptive study of the main variables included in the questionnaire was performed. Calculations for the total number of women in the eligible population, total number of women invited and total number of women screened only considered the data available for the countries/regions providing information. Coverage by invitation, coverage by test, and participation rate were computed using EUNICE's formulas for an annual period (EUNICE, 2012). Coverage was defined as the extent to which the screening programme covers the eligible population within the appropriate interval in a given period by invitation (invitation coverage), and the extent to which the screening programme covers the eligible population with screening tests (examination coverage). Coverage by invitation was calculated as the annual number of invitations divided by the annual target population; coverage by test was calculated as the annual number of women screened divided by the annual target population. Participation is defined as the proportion of women personally invited for screening who actually attended, and was calculated by dividing the annual number of women screened by the annual number of invitations.

## 3. Results

### 3.1. Respondents

Twenty-seven countries contributed to this survey, 26 of the 28 member states (92.9%) (no data from Greece or Slovakia) plus Norway. Data covering the whole state was provided by all the surveyed states, with the exception of United Kingdom (England only), Portugal (four regions out of seven), and Spain (15 regions out of 19). All the countries contributed both information for 2010 and 2014 about the screening organisation and protocol; regarding performance indicators, 20 countries contributed with 2014 data, three with 2013, three with 2012 and one with 2011. On inequality issues, all countries reported data for the 2010–2014 period except Romania (its programme began in 2014). Information on interventions to tackle inequalities was provided separately for the 2007–2012 and 2012–2014 periods.

### 3.2. General characteristics

General information on screening policy is reported in Table 1, Table 2 and Fig. 1. Most screening programmes started in the first decade of this century, with the exception of Sweden (1985), Finland (1987), England (1988), the Netherlands (1990), Denmark (1992), Luxembourg (1992), Norway (1996) and more recently Austria (2010) and Bulgaria (2013) [data not shown]. By 2010, 20 countries had rolled-out a population-based programme (in Portugal only for the Central Region, Alentejo and Algarve); in 3 countries (Malta, Poland and Slovenia), as well as for the Northern Region of Portugal, the rollout was ongoing. In three countries the programme was in its pilot (Austria, Czech Republic) or planning (Bulgaria) phase. In 2014, Malta and Poland completed the rollout, Bulgaria started a pilot and Romania initiated planning, which corresponds to 24 countries having a fully implemented population-based breast cancer screening programme. In 2014, a national programme or a regional programme with national coordination (Denmark, Portugal) was present in all countries; only Belgium

**Table 1**  
Breast cancer screening programmes in 2010 and 2014.  
Programme type:  
NP = Non-programme screening. Examinations for early detection of breast cancer performed in a diagnostic or clinical setting, independent from the public screening policy  
P = Programme screening. Examinations financed by public sources performed in the context of a public screening policy documented in a law, or an official regulation, decision, directive or recommendation, and where the policy defines, at minimum: the screening test, the examination intervals, group of persons eligible to be screened  
O = Organised screening. Programme screening where other procedures (e.g. standard operating procedures) are specified and where a team at national or regional level is responsible for implementing the policy  
PB = Population-based screening. Programme screening where in each round of the screening the persons in the eligible target area served by the programme are individually identified and personally invited  
NA = Not applicable  
Coordination: NS = National screening programme; R/NC = Regional screening programme, nationally coordinated; R = Regional screening programme; L, N/RC = Local screening programme, regional/national coordinated; L = Local screening programme; NA = Not applicable  
Implementation: Planning phase (PL); Pilot phase (PI); Rollout on-going (RO); Rollout completed (RC)  
Type of Test: M = Mammography; CBE = Clinical Breast Examination.

| Country        | Update period | Programme type | Coordination | Implementation status     | Type of test | Age range  | Interval (months)   | Notes   |
|----------------|---------------|----------------|--------------|---------------------------|--------------|--|---|---|
| Austria        | 2010          | PB             | L, N/RC      | PI                        | M            | Three pilot regions: 50–69, two pilot regions: 40–69   | 12/24 months (depending on pilot project, age or BIRADS)                            |   |
|                | 2014          | PB             | NS           | RC                        | M (digital)  | Personally invited: 45–69; Via Opt-In – Serviceline (telephone) or online (website): 40–44 and 70+ | Fixed interval: 24 months; BIRADS III: early rescreen after 6 or 12 months possible |   |
| Belgium        | 2010          | PB             | R            | RC                        | M            | 50–69  | 24  | Important parallel opportunistic activity ongoing   |
|                | 2014          | PB             | R            | RC                        | M            | 50–69  | 24  |   |
| Bulgaria       | 2010          | NP<br>PB       | –<br>NS      | –<br>PL                   | M            | NP: over 50<br>PB: 50–69   | NP: 24<br>PB: 36  | NP: funded by the National Health Insurance fund<br>Some regional oncological centres offer prophylactic mammographies paid by the municipalities   |
|                | 2014          | NP<br>PB       | –<br>NS      | –<br>PI                   | M            | NP: over 50<br>PB: 50–69   | NP: 24<br>PB: 36  |   |
| Croatia        | 2010          | O<br>PB        | NS           | RC                        | M            | 50–69  | 24  |   |
|                | 2014          | O<br>PB        | NS           | RC                        | M            | 50–69  | 24  |   |
| Cyprus         | 2010          | PB             | NS           | RC                        | M            | 50–69  | 24  |   |
|                | 2014          | PB             | NS           | RC                        | M (digital)  | 50–69  | 24  |   |
| Czech Republic | 2010          | O<br>PB        | NS           | RC (O, NS)<br>PI (PB, NS) | M            | Over 45  | 24  | PB (centralised invitation), as currently implemented it is aimed at women not attending the screening programme during the previous three years. The individuals in the target population are therefore covered either by invitation or actual screening examination |
|                | 2014          | PB             | NS           | RC                        | M (digital)  | Over 45 <sup>a</sup>   | 24  |   |
| Denmark        | 2010          | PB             | R/NC         | RC                        | M (digital)  | 50–69  | 24  | Mammography screening started in Copenhagen Municipality in 1991 followed by the County of Funen in 1993 and subsequent by three other counties in 1994–2004. Rollout to rest of the country took place between 2007 and 2010   |
|                | 2014          | PB             | R/NC         | RC                        | M (digital)  | 50–69  | 24  |   |
| Estonia        | 2010          | PB             | NS           | RC                        | M            | 50–62  | 24  |   |
|                | 2014          | PB             | NS           | RC                        | M            | 50–62  | 24  |   |
| Finland        | 2010          | PB             | NS           | RC                        | M (digital)  | 50–69 <sup>b</sup>   | 24 <sup>c</sup>   | The responsibility to organise actual breast cancer screening is given to local municipalities (226 in 2012; 320 in 2013)   |
|                | 2014          | PB             | NS           | RC                        | M (digital)  | 50–69 <sup>b</sup>   | 24  |   |
| France         | 2010          | PB             | NS           | RC                        | M + CBE      | 50–74  | 24  |   |
|                | 2014          | PB             | NS           | RC                        | M + CBE      | 50–74  | 24  |   |
| Germany        | 2010          | PB             | NS           | RC                        | M            | 50–69  | 24  |   |
|                | 2014          | PB             | NS           | RC                        | M (digital)  | 50–69  | 24  |   |

Table 1 (continued)

| Country        | Update period | Programme type      | Coordination | Implementation status  | Type of test                | Age range  | Interval (months)                               | Notes   |
|----------------|---------------|---------------------|--------------|--|-----------------------------|--|---|---|
| Hungary        | 2010          | PB                  | NS           | RC   | M                           | 45–65  | 24  |   |
|                | 2014          | PB                  | NS           | RC   | M                           | 45–65  | 24  |   |
| Ireland        | 2010          | PB                  | NS           | RC   | M                           | 50–64  | 24  | From 2015 Ireland will commence extending breast screening from 65 to 69 year olds. This will be completed by 2021                  |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–64  | 24  |   |
| Italy          | 2010          | PB                  | NS           | RC   | M                           | 50–69  | 24  | 12 for 45–49 years old  |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–69 standard protocol<br>45/49–69 <sup>d</sup><br>50–74 <sup>e</sup> | 24  |   |
| Latvia         | 2010          | PB                  | NS           | RC   | M                           | 50–69  | 24  |   |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–69  | 24  |   |
| Lithuania      | 2010          | PB                  | NS           | RC   | M                           | 50–69  | 24  | The pilot programme started in 1999, it was expanded to the whole country in 2005   |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–69  | 24  |   |
| Luxembourg     | 2010          | PB                  | NS           | RC   | M                           | 50–69  | 24  |   |
|                | 2014          | PB                  | NS           | RC   | M (digital)                 | 50–69  | 24  |   |
| Malta          | 2010          | PB                  | NS           | RO   | M                           | 52–60  | 36  |   |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–60  | 36  |   |
| Netherlands    | 2010          | PB                  | NS           | RC   | M                           | 50–75  | 24  |   |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–75  | 24  |   |
| Norway         | 2010          | PB                  | NS           | RC   | M (digital)                 | 50–69  | 24  |   |
|                | 2014          | PB                  | NS           | RC   | M (digital)                 | 50–69  | 24  |   |
| Poland         | 2010          | PB                  | NS           | RO <sup>f</sup>  | M                           | 50–69  | 24  | Population based pilot phase of screening was performed in 2006   |
|                | 2014          | PB                  | NS           | RC   | M (screen-film and digital) | 50–69  | 24  |   |
| Portugal       | 2010          | PB                  | R/NC         | Central region, Alentejo and Algarve: RC   | M (digital) <sup>g</sup>    | 45–69 <sup>g</sup><br>50–69 <sup>h</sup>                               | 24  | Four regions contributed to the survey: Alentejo, Algarve, Central Region, Norte  |
|                | 2014          | PB                  | R/NC         | North Region: RO<br>Central region, Alentejo and Algarve: RC<br>North Region: RO | M (digital) <sup>g</sup>    | 45–69 <sup>g</sup><br>50–69 <sup>h</sup>                               | 24  |   |
| Romania        | 2010          | Not present in 2010 | –            | –  | –                           | –  | –   | Breast Cancer Screening pilot was finally signed to be financed by Ministry of Health within R0 19 Norwegian Funds in December 2014 |
|                | 2014          | O                   | R            | PL   | M                           | 50–69  | 24  |   |
| Slovenia       | 2010          | O                   | NS           | RO   | M                           | 50–69  | 24  | In 2010 coexistence of organised and opportunistic screening  |
|                | 2014          | O<br>PB             | NS           | RO   | M                           | 50–69  | 24  |   |
| Spain          | 2010          | PB                  | R            | RC   | M (screen-film and digital) | 45–69 <sup>i</sup><br>50–69 <sup>j</sup>                               | 24  | Information for Spain refers to 19 regions  |
|                | 2014          | PB                  | R            | RC   | M (digital)                 | 45–69 <sup>i</sup><br>50–69 <sup>j</sup>                               | 24  |   |
| Sweden         | 2010          | PB                  | NS           | RC   | M                           | 40–74  | 18–21–24 depending on age and area <sup>k</sup> | 18–21–24 depending on age and area <sup>k</sup>   |
|                | 2014          | PB                  | NS           | RC   | M                           | 40–74  |   |   |
| United Kingdom | 2010          | PB                  | NS           | RC   | M                           | 50–70  | 36  | Data referring to England only  |
|                | 2014          | PB                  | NS           | RC   | M                           | 50–70  | 36  |   |

**Table 2**  
Breast cancer screening programmes in 2010 and 2014, aggregated characteristics.

|                                |  | 2010      |           | 2014  |       |
|--------------------------------|--|-----------|-----------|-------|-------|
|                                |  | N (%)     | N (%)     | N (%) | N (%) |
| Programme type                 | Population-based only                                  | 22 (81.5) | 23 (85.2) |       |       |
|                                | Organised  | 0 (0.0)   | 1 (3.7)   |       |       |
|                                | Population-based and organised coexisting              | 3 (11.1)  | 2 (7.4)   |       |       |
|                                | Population-based and non programme coexisting          | 1 (3.7)   | 1 (3.7)   |       |       |
| Coordination                   | Not applicable   | 1 (3.7)   | 0 (0.0)   |       |       |
|                                | National   | 21 (77.8) | 22 (81.5) |       |       |
|                                | Regional/National coordinated                          | 2 (7.4)   | 2 (7.4)   |       |       |
|                                | Regional   | 2 (7.4)   | 3 (11.1)  |       |       |
| Implementation status          | Local/Regional-National coordinated                    | 1 (3.7)   | 0 (0.0)   |       |       |
|                                | Not applicable   | 1 (3.7)   | 0 (0.0)   |       |       |
|                                | Planning   | 1 (3.7)   | 1 (3.7)   |       |       |
|                                | Pilot  | 1 (3.7)   | 1 (3.7)   |       |       |
|                                | Rollout ongoing  | 3 (11.1)  | 1 (3.7)   |       |       |
|                                | Rollout completed                                      | 19 (70.4) | 23 (85.2) |       |       |
| Type of test                   | Other  | 1 (3.7)   | 1 (3.7)   |       |       |
|                                | Not applicable   | 2 (7.4)   | 0 (0.0)   |       |       |
|                                | Mammography  | 25 (92.6) | 26 (96.3) |       |       |
| Age range covered <sup>a</sup> | Mammography + Clinical breast examination              | 1 (3.7)   | 1 (3.7)   |       |       |
|                                | Not applicable   | 1 (3.7)   | 0 (0.0)   |       |       |
| Interval (months)              | 50–69 <sup>b</sup>                                     | 23        | 24        |       |       |
|                                | 24   | 21 (77.8) | 21 (77.8) |       |       |
|                                | 36   | 3 (11.1)  | 3 (11.1)  |       |       |
|                                | Depending on other variables (site, age, BIRADS, etc.) | 2 (7.4)   | 3 (11.1)  |       |       |
|                                | Not applicable   | 1 (3.7)   | 0 (0.0)   |       |       |

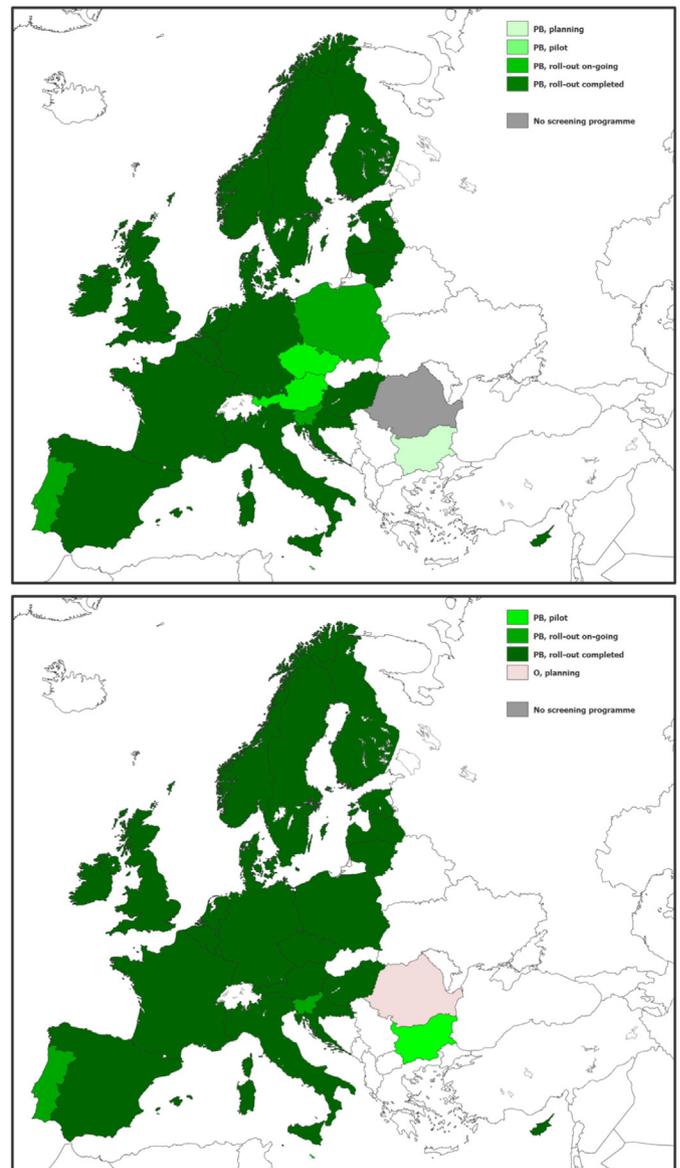
<sup>a</sup> The sum is higher than 27 because each single screening protocol is counted once.

<sup>b</sup> 50–70 approximated to 50–69.

(whose performance data are reported separately for Brussels, Flanders and Wallonia) and Spain had regional screening programmes in place. The planned project in Romania has regional coordination; Austria switched from local/national or regional coordination to national coordination between 2010 and 2014. National and regional websites are listed in Appendix B.

### 3.3. Screening protocol

The screening method used most often (Table 1 and Table 2) is mammography alone, with the exception of France, which implements mammography plus clinical breast examination. A specific question on analogic vs. digital mammography was not included in the survey, but this information was voluntarily reported by some countries. Regarding the target age, Portugal, Austria, Spain and Italy have different protocols according to the region. Women have been targeted from at least age 50 in all countries with active programmes since 2010 but Malta; a lower target age was applied in 7 countries/regions either in 2010 or 2014



**Fig. 1.** Breast cancer screening programmes in 2010 and 2014.

(from age 40 or 45 according to the specific protocol). In 2010, three countries (France, the Netherlands, Sweden) were inviting the over 70s for screening, a number that increased to five countries in 2014 with the inclusion of some regions in Italy and Austria. Overall, the target age specified in the Council Recommendation (50–69 years) was

#### Notes to Table 1:

<sup>a</sup> Invitation up to 70.

<sup>b</sup> Both in years 2010 and 2014 the implementation phase for older ages was ongoing (almost complete in 2014). During years 1987–2006 screening was offered for women aged 50–59 years. However, according to Government Decree on Screening, since the beginning of year 2007 the upper age of screening was increased to 69 years for those women born on year 1947 or after that. Thus there has been a gradual implementation of this programme in older age groups and the full coverage of the programme will be reached by 2016 (for all women aged 50–69 years).

<sup>c</sup> 20–26 months interval reported in the Government Decree on Screening.

<sup>d</sup> Piedmont and Emilia Romagna regions.

<sup>e</sup> Several programmes.

<sup>f</sup> Lower Silesia only.

<sup>g</sup> Alentejo, Central Region, Norte.

<sup>h</sup> Algarve.

<sup>i</sup> Valenciana, Castilla-La Mancha, Castilla y León, Ceuta, Melilla, Navarra, La Rioja.

<sup>j</sup> Andalucía, Aragón, Asturias, Baleares, Canarias, Cantabria, Cataluña, Extremadura, Galicia, Madrid, Murcia, País Vasco.

<sup>k</sup> In most places in Sweden younger women are invited with 18 months interval and older women with 24 months interval. But in counties where you have to use mobile units, such as the northern part of Sweden, it is not possible to come back for the 18 and 24 months interval so all women are invited with 24 months interval. In the western part of Sweden all women are invited in an interval of 21 months. In Stockholm, since January 2015, all women in the age group between 40 and 74 will be invited in a 24 months interval.

adopted as such in 18 countries/regions in 2010 and 2014; in four countries (Estonia, Hungary, Ireland, Malta) the target age range was not completely covered in either 2010 or 2014. In 2014 the Irish

Government announced plans to extend its breast cancer screening programme to women aged 65–69, commencing in 2015. The screening interval is two years in most countries except for Bulgaria, England and

**Table 3**

Breast cancer screening programmes in 2010 and last update: coverage by test, coverage by invitation, participation rate.

Coverage by invitation: annual number of invitations divided by the annual target population.

Coverage by test: the annual number of women screened divided by the annual target population.

Participation: annual number of women screened divided by the annual number of invitations.

| Country               | Update period          | Annual eligible population | Number of invitations | Number of women screened | Coverage by invitation (%)  | Coverage by test (%) | Participation rate (%)      |
|-----------------------|------------------------|----------------------------|-----------------------|--------------------------|-----------------------------|----------------------|-----------------------------|
| Austria               | 2010                   | 200,000                    | 200,000               | 27,000                   | 100.0                       | 13.5                 | 13.5                        |
|                       | 2014                   | 1,500,000                  | 1,500,000             | 600,000                  | 100.0                       | 40.0                 | 40.0                        |
| Belgium               | 2010                   | 52,000                     | 57,802                | 6194                     | 111.2                       | 12.0                 | 10.7                        |
| Brussels              | 2014                   | 52,000                     | 55,029                | 5791                     | 105.8                       | 11.1                 | 10.5                        |
| Belgium               | 2010                   | 380,317                    | 370,016               | 183,384                  | 97.3                        | 48.2                 | 48.2                        |
| Flemish               | 2014                   | Not available              | Not available         | 204,082                  | Not available               | Not available        | Not available               |
| Belgium               | 2010                   | Not available              | 218,412               | 18,161                   | Not available               | Not available        | 8.3                         |
| Walloon               | 2014                   | Not available              | 238,637               | 19,012                   | Not available               | Not available        | 8.0                         |
| Bulgaria              | 2010                   | 1,633,000                  | Not available         | Not available            | Not available               | Not available        | Not available               |
|                       | 2013–2014              | 1,057,000                  | 123,647               | 10,392                   | 11.7                        | 1.0                  | 8.4                         |
| Croatia               | 2010                   | 334,543                    | 334,543               | 147,525                  | 100.0                       | 45.0                 | 57.0                        |
|                       | 2014                   | 329,988                    | 301,395               | 131,455                  | 91.0                        | 44.0                 | 60.1                        |
| Cyprus                | 2010                   | 36,193                     | 35,923                | 16,286                   | 99.3                        | 45.3                 | 45.3                        |
|                       | 2014                   | 38,908                     | 42,123                | 17,326                   | 108.2                       | 44.5                 | 41.1                        |
| Czech Republic        | 2010                   | 879,496                    | Not applicable        | 477,413                  | Not applicable              | 54.3                 | Not applicable              |
|                       | 2013                   | 878,576                    | 521,187 <sup>a</sup>  | 538,997                  | 28.7 <sup>a</sup>           | 61.3                 | 13.4 <sup>a</sup>           |
| Denmark               | 2010                   | Not available              | 310,000               | 251,000                  | Not available               | Not available        | 81.0                        |
|                       | 2014                   | Not available              | 324,000               | 266,000                  | Not available               | Not available        | 82.1                        |
| Estonia               | 2010                   | 63,800                     | 53,500                | 33,502                   | 83.9                        | 52.5                 | 62.6                        |
|                       | 2014                   | 65,534                     | 60,399                | 34,089                   | 92.1                        | 52.0                 | 56.4                        |
| Finland <sup>b</sup>  | 2010                   | 736,262                    | 316,535               | 268,314                  | 85.7                        | 72.6                 | 84.8                        |
|                       | 2012                   | 750,813                    | 342,816               | 284,433                  | 90.9                        | 75.5                 | 83.0                        |
| France                | 2010                   | 4,545,415 <sup>c</sup>     | 4,545,415             | 2,361,548                | 100.0                       | 52.0                 | 52.0                        |
|                       | 2014                   | 4,834,417 <sup>c</sup>     | 4,834,417             | 2,520,980                | 100.0                       | 52.1                 | 52.1                        |
| Germany <sup>d</sup>  | 2010                   | 5,233,114                  | 4,888,368             | 2,624,669                | 93.4                        | 50.2                 | 53.7                        |
|                       | 2011                   | 5,242,172                  | 4,864,574             | 2,718,225                | 92.8                        | 51.9                 | 55.9                        |
| Hungary               | 2010                   | Not available              | 475,000               | Not available            | Not available               | Not available        | Not available               |
|                       | –                      | Not available              | Not available         | Not available            | Not available               | Not available        | Not available               |
| Ireland               | 2010                   | 368,967                    | 167,088               | 120,730                  | 45.3                        | 32.7                 | 72.3                        |
|                       | 2014                   | 395,416                    | 181,922               | 138,770                  | 43.5                        | 32.9                 | 75.6                        |
| Italy                 | 2010                   | 3,611,500                  | 2,495,599             | 1,382,450                | 69.1                        | 38.3                 | 55.4                        |
|                       | 2013                   | 3,644,000                  | 2,696,888             | 1,543,889                | 74.0                        | 42.4                 | 57.2                        |
| Lithuania             | 2010                   | 214,000                    | 63,769                | 60,925                   | Not applicable <sup>e</sup> | 28.5                 | Not applicable <sup>e</sup> |
|                       | 2013                   | 234,228                    | 80,826                | 80,348                   | Not applicable <sup>e</sup> | 34.3                 | Not applicable <sup>e</sup> |
| Luxembourg            | 2010                   | 26,550                     | 26,019                | 16,122                   | 98.0                        | 60.7                 | 62.0                        |
|                       | 2014                   | 30,274                     | 29,668                | 18,362                   | 98.0                        | 60.6                 | 61.9                        |
| Latvia                | 2010                   | 203,336                    | 196,578               | 38,148                   | 96.7                        | 18.8                 | 19.4                        |
|                       | 2014                   | 159,223                    | 142,168               | 51,060                   | 89.3                        | 32.1                 | 35.9                        |
| Malta                 | 2010                   | Not available              | 11,864                | 6,456                    | Not available               | Not available        | 54.4                        |
|                       | 2014                   | Not available              | 15,625                | 9,329                    | Not available               | Not available        | 59.7                        |
| Netherlands           | 2010                   | 1,250,000                  | 1,193,347             | 961,765                  | 95.5                        | 76.9                 | 80.8                        |
|                       | 2012                   | 1,299,000                  | 1,266,555             | 1,007,966                | 97.5                        | 77.6                 | 80.0                        |
| Norway                | 2010                   | 282,000                    | 270,000               | 201,000                  | 95.7                        | 71.3                 | 74.4                        |
|                       | 2014                   | 300,000                    | 289,000               | 213,000                  | 96.3                        | 71.0                 | 73.7                        |
| Poland                | 2010                   | 2,522,421                  | 2,419,459             | 945,283                  | 95.9                        | 37.5                 | 39.1                        |
|                       | 2014                   | 2,668,119                  | 2,749,919             | 1,207,214                | 103.1                       | 45.2                 | 43.9                        |
| Portugal <sup>f</sup> | 2010                   | 359,217                    | 352,268               | 181,801                  | 98.1                        | 50.6                 | 51.6                        |
|                       | 2014                   | 441,531                    | 434,151               | 263,244                  | 98.3                        | 59.6                 | 60.6                        |
| Romania               | –                      | –                          | –                     | –                        | –                           | –                    | –                           |
|                       | –                      | –                          | –                     | –                        | –                           | –                    | –                           |
| Sweden                | 2010                   | 900,000                    | 900,000               | 720,000                  | 100.0                       | 80.0                 | 80.0                        |
|                       | 2014                   | 900,000                    | 900,000               | 720,000                  | 100.0                       | 80.0                 | 80.0                        |
| Slovenia              | 2010                   | 130,000 <sup>g</sup>       | 12,754 <sup>h</sup>   | 10,299 <sup>h</sup>      | 9.8 <sup>g</sup>            | 7.9 <sup>g</sup>     | 80.8 <sup>h</sup>           |
|                       |                        | 22,000 <sup>h</sup>        |                       |                          | 58.0 <sup>h</sup>           | 46.4 <sup>h</sup>    |                             |
|                       | 2014                   | 135,000 <sup>g</sup>       | 38,175                | 30,405 <sup>h</sup>      | 28.3 <sup>g</sup>           | 22.5 <sup>g</sup>    | 79.6 <sup>h</sup>           |
|                       |                        | 49,000 <sup>h</sup>        |                       |                          | 77.9 <sup>h</sup>           | 62.1 <sup>h</sup>    |                             |
| Spain <sup>i</sup>    | 2010 (from 15 regions) | 1,911,410                  | 1,911,410             | 1,365,344                | 100.0                       | 71.4                 | 71.4                        |
|                       | 2012 (from 14 regions) | 1,907,507                  | 1,907,507             | 1,411,819                | 100.0                       | 74.0                 | 74.0                        |
| United Kingdom        | 2010                   | 2,124,038                  | 2,302,886             | 1,728,671                | 108.4                       | 81.4                 | 75.1                        |
| England               | 2014                   | 2,276,200                  | 2,276,200             | 1,770,435                | 100.0                       | 77.8                 | 77.8                        |
| TOTAL <sup>j</sup>    | 2010                   | 27,880,370                 | 24,123,792            | 14,153,224               | –                           | –                    | –                           |
|                       | Latest update          | 29,020,899                 | 26,217,196            | 15,816,366               | –                           | –                    | –                           |

Malta, where it is three years. Two countries adopt a different protocol according to individual risk: Austria allows early rescreening for BIRADS III (American College of Radiology, 2013), while some Italian regions invite women between the ages of 45 and 49 every 12 months, and in Sweden women are invited every 18–21–24 months according to age and area of residence.

### 3.4. Coverage by invitation

Table 3 shows the number of women invited and tested each year per country, as well as the calculated coverage by invitation and participation rate, and coverage by test. The number of people invited per year depended mostly on the country's population and the programmes' coverage – ranging from 11864 (Malta, rollout ongoing in 2010) to ~4.800,000 in France and in Germany. The total number of women in the overall target population that was used to calculate coverage rates was 28 million in 2010 (data from 23 countries, plus two regions of Belgium) and 29 million in 2012–2014 (latest annual update from 23 countries, plus one region of Belgium). The total number of invitations was 24 million in 2010 (data from 24 countries) and 26 million in 2012–2014 (latest annual update from 24 countries, plus two regions of Belgium). Finally, the number of women screened was 14 million in 2010 (data from 24 countries) and 16 million in 2012–2014 (latest annual update from 25 countries). For some countries the invitation strategy does not include an individual letter and the rates were not computed in the same way as for the others: in the Czech Republic, women previously accessed the programme without a personal invitation letter and those who had not previously attended were only invited to do so from 2014; in Lithuania the invitation is sent by the general practitioner and is registered only when the mammography test is carried out; for Finland, annual coverage by invitation and by test are approximated, as some municipalities use different invitation schedules over the two-year round. Coverage by invitation was higher than 90% in 17 countries, both in 2010 and in 2014.

Comparing coverage by invitation in 2014 with that in 2010, the greatest increase is observed in countries implementing the rollout within this period (2010–2014) as opposed to countries that had already implemented screening before 2010. Significant increases were seen in: Estonia, from 83.9% to 92.1%; Malta, from 55.5% to 100.0%; Slovenia: from 9.8% to 28.3%. However, differences among countries and between 2010 and 2014 may be due to differences in the timing of invitations in individual countries.

### 3.5. Participation rate

As regards the participation rate, in 2010 six countries/regions (Denmark, England, Finland, the Netherlands, Sweden and Slovenia) reported a rate above 75%, which is the desirable threshold for the corresponding indicator in the *European Guidelines for quality assurance in breast cancer screening and diagnosis* (hereinafter *European Guidelines*) (Perry et al., 2006). In general, no major differences in individual

countries' participation rates were observed between 2010 and 2014 for most of those countries where the rollout had already been completed in 2010. Another three countries (Ireland, Norway and Spain) report a rate above 70%, which was an acceptable level according to the *European Guidelines*. Therefore, there are nine countries with a better than acceptable level of participation. The latest corresponding figure is comparable, with Ireland reaching >75% in 2014. As for the invitations, differences between countries, and between 2010 and 2014 for individual countries, may be due to differences in the timing of invitations and registration of test uptake.

### 3.6. Coverage by test

Finally, coverage by test, which depends on the previous indicators, ranged from 7.9% in 2010 (Slovenia, rollout ongoing) to 81.4% (England) in 2010 and from 1.0% (Bulgaria, pilot) to 80.0% (Sweden) in 2014.

### 3.7. Equity and access

Inequalities in access were identified. Although accessing most of the programmes is free of charge (Table 4) (with the exception of Norway), 16 have programmes that do not cover certain social groups – most frequently women without health insurance, women without residence permits, and women in prison. Some 16 programmes do however have specific objectives to reduce inequalities. These objectives are general (both general and targeted) in seven countries, targeted in four countries, and complementary in five countries.

To monitor participation (Fig. 2), most countries use socioeconomic variables. All countries monitor participation by age and territory, and half of them also include other variables, such as socio-economic level, educational level and/or ethnicity/nationality. Moreover, 13 countries have identified vulnerable populations that participate to a lesser extent in their programmes (Fig. 2), with the deprived population and migrant/ethnic minority groups being the population groups most commonly identified, followed by older women and those with a lower level of education. On the other hand, 18 countries identified barriers to participation (Fig. 2), with beliefs, knowledge and accessibility being the barriers most commonly detected. Finally, 17 countries have acted to tackle inequalities in participation. The majority of such interventions were performed in the period 2007–2012 – nine countries performed no such intervention in 2012–2014 (Table 5). Interventions directed to the general population were the most frequent. Examples of interventions (Table 5) are: information strategies (e.g.: general information campaigns, informative materials adapted to the needs of specific population groups, information sessions, community courses); organisational changes (e.g.: establishment of population-based screening programmes); accessibility improvements (e.g.: decrease in transport barriers, removal of fees, facilitation of out-of-hours appointments, establishing mobile units in rural areas and targeting ethnic communities); invitation strategies (e.g.: follow-up calls to non-attendants); social participation mechanisms and empowerment (e.g.:

#### Notes to Table 3:

<sup>a</sup> Women previously not attending individually invited Jan–Dec 2014, coverage computed for total target population 45–70 (entire population targeted in 2014).

<sup>b</sup> In Finland, some municipalities invite women aged 51–69 years every two years, others invite women aged 50–68 years every two years. Therefore, the coverage of invitations and visits (or tests) must be calculated over a two year period. Thus the coverage of invitation calculated using numbers from the year 2010 would not give a real picture on the invitational coverage of the national programme in age group 50–69 in 2010. Additionally, the programme expands gradually in ages 60–69 until 2016.

<sup>c</sup> Non-adjusted target population.

<sup>d</sup> The presented data refer to the target population and are derived from the statistical offices of the federal states without adjustment for eligibility. Women with one of the following criteria are not eligible and excluded temporarily: women with mammogram within the last 12 months, women with symptoms for breast cancer and women with breast cancer and in breast cancer care. Exact adjustment for eligibility as well as complete access to the target population is not possible due to very strict data protection regulations.

<sup>e</sup> There is no systematic personal invitation system through population register, but via GP's. The invitation is registered and paid by National Health Insurance Fund (NHIF) only when the mammography test is done. That is why the numbers of invitations coincide with the numbers of screening tests.

<sup>f</sup> Information from 4 regions out of 7 – regional data available on request.

<sup>g</sup> All country.

<sup>h</sup> Screening areas.

<sup>i</sup> Information from 15 regions out of 19 – regional data available on request.

<sup>j</sup> These figures only include the sum of the numbers available in each of the cells above.

**Table 4**

Inequalities in access to breast cancer screening programmes: individual cost, vulnerable populations not covered by the programme, objectives to tackle social inequalities in participation (2010–2014).

| Country                     | Is the participation in the programme free of charge? | Is there any vulnerable population not covered by the programme? |   | Does the programme include objectives to tackle social inequalities in participation? |                  |   |
|-----------------------------|---|--|---|---|------------------|---|
|                             | Yes/No  | Yes/No   | Type of vulnerable population   | Yes/No  | Type of approach | Content   |
| Austria                     | Yes   | No   |   | No  |                  |   |
| Belgium <sup>a</sup> (3/3)  | Yes (3/3)   | Yes (3/3)  | Not health insured  | No (3/3)  |                  |   |
| Bulgaria                    | Yes   | Yes  | Not health insured  | Not reported  |                  |   |
| Croatia                     | Yes   | Yes  | Without residence permits   | Yes <sup>b</sup>  | General          | Arise knowledge of target population by more educational activities   |
| Cyprus                      | Yes   | Yes  | Without residence permits<br>Prisoners  | No  |                  |   |
| Czech Republic              | Yes   | Yes  | Without residence permits   | Yes   | General          | To decrease inequalities in screening coverage across age groups and regions by implementing individual invitations and implement quality assurance mechanisms  |
| Denmark                     | Yes   | No   |   | No  |                  |   |
| Estonia                     | Yes   | Yes  | Not health insured  | Yes   | Targeted         | To reduce inequalities we have to include to screenings also those groups who do not have insurance   |
| Finland                     | Yes   | No   |   | Yes   | General          | To reduce social inequality inviting by a personal letter   |
| France                      | Yes   | No   |   | Yes   | Complementary    | 1) To inform GPs, physicians and medical staff working in prisons, local and national social organisations, immigrant groups and NGOs.<br>2) To improve accessibility by mobile screening bus   |
| Germany                     | Yes   | Yes  | Without residence permits   | Yes   | General          | To send personal written invitation based on the data provided by population registries   |
| Hungary                     | Yes   | No   |   | No  |                  |   |
| Ireland                     | Yes   | No   |   | Yes   | Complementary    | To inform "hard to reach" target populations and to address barriers of specific subgroups to increase accessibility. Some of the initiatives include: information sessions, community courses and the development of information leaflets in different formats and languages |
| Italy                       | Yes   | Yes  | Without residence permits<br>Prisoners<br>Not registered in the basic municipal register                                  | Yes <sup>b</sup>  | Targeted         | To involve disadvantaged groups (included in the Local Health Plan)   |
| Latvia                      | Yes   | Yes  | Without residence permits<br>Prisoners  | No  |                  |   |
| Lithuania                   | Yes   | Yes  | Undergoing treatment at least 3 months at mental hospital<br>Not health insured<br>Without residence permits<br>Prisoners | No  |                  |   |
| Luxembourg                  | Yes   | No   |   | No  |                  |   |
| Malta                       | Yes   | No   |   | Yes   | General          | The invitation includes an appointment date and time for a mammogram  |
| Netherlands                 | Yes   | Yes  | Not registered in the basic municipal register  | Yes   | Complementary    | To regularly test and evaluate education and communication materials also among low SES groups  |
| Norway                      | No  | No   |   | No  |                  |   |
| Poland                      | Yes   | Yes  | Not health insured<br>Without residence permits<br>Prisoners<br>Not registered in the basic municipal register            | Yes   | General          | To improve participation inviting by a personal letter, and educate the target population about cancer and screening  |
| Portugal <sup>a</sup> (4/7) | Yes (4/4)   | Yes (2/4)  | Not health insured  | No (4/4)  |                  |   |
| Romania <sup>b</sup>        | Yes   | No   |   | Yes   | Targeted         | To achieve access of Roma population and other disadvantaged groups from rural and isolated areas   |
| Sweden                      | Yes   | Yes  | Without residence permits   | Yes   | General          | To invite every woman in the right age group with a residence permit  |
| Slovenia                    | Yes   | Yes  | Not health insured  | Yes   | Targeted         | To screen women with no health insurance, too   |
| Spain <sup>a</sup> (15/19)  | Yes (15/15)   | Yes (4/15)   | Without public health card<br>Prisoners   | Yes (8/15)  | Complementary    | Free access and diagnosis, also for those who are not entitled to assistance in the public health system  |
| UK <sup>a</sup> (England)   | Yes   | No   |   | Yes   | Complementary    | The objective to tackle inequalities in screening comes from the Public Health Outcome Framework of the National Health System: "To improve and protect the nation's health and wellbeing, and improve the health of the poorest fastest"                                     |

<sup>a</sup> Response elaborated with regional data (number of regions responding/total of regions).

<sup>b</sup> Data available only for 2014.

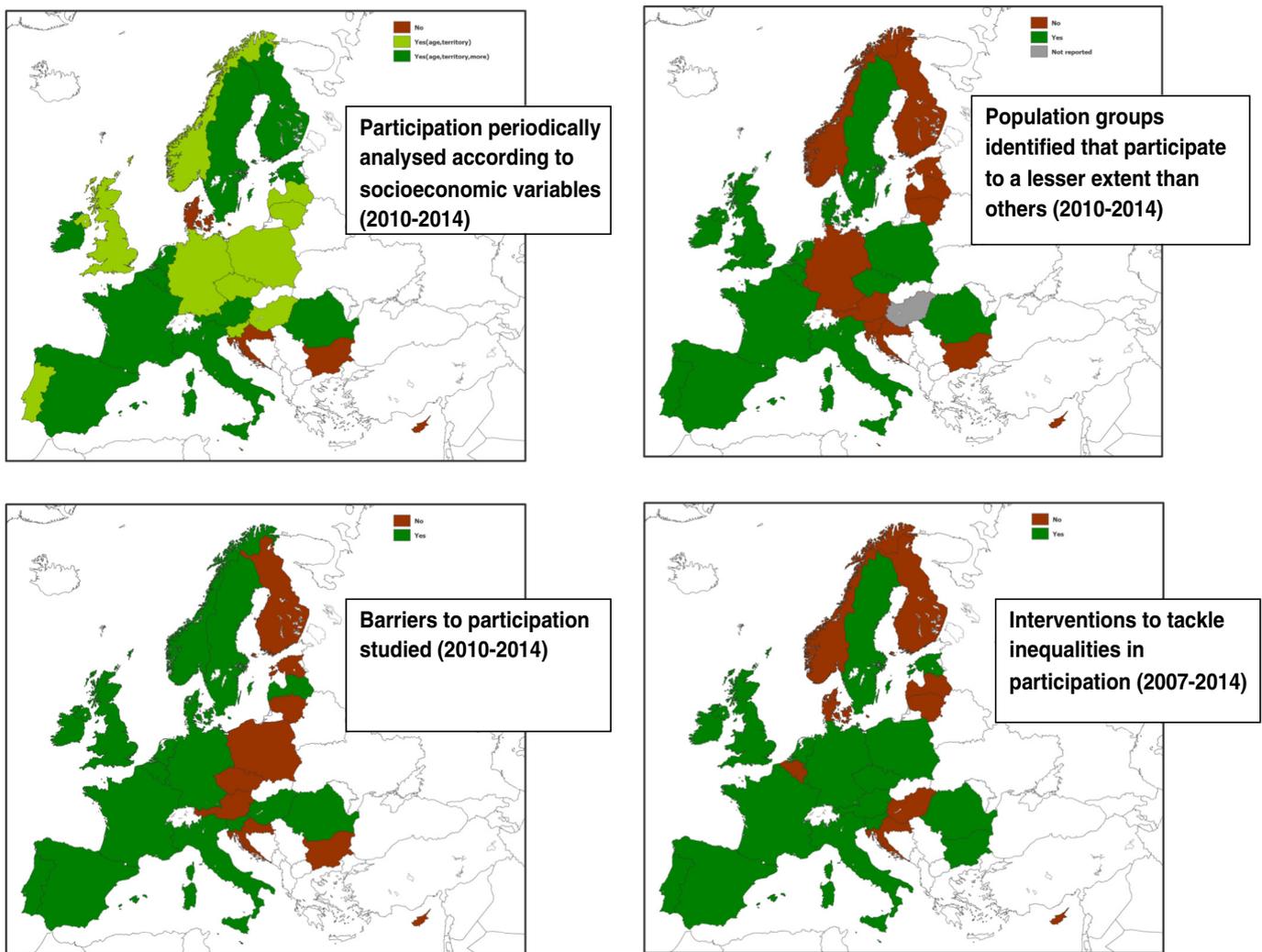


Fig. 2. Monitoring, evaluating and tackling inequalities in participation (2007–2014).

training health agents from local ethnic groups, social inclusion work); monitoring and research (e.g.: participation monitoring in specific geographic locations, studies of reasons for non-attendance).

#### 4. Discussion

Population-based breast cancer screening is now in place in nearly all EU member states. By 2014, in 23 out of 28 member states, the rollout of an organised or population-based programme was complete (82.1%), in 2 the rollout was ongoing (7.1% – Slovenia and Northern Region of Portugal), 1 country was piloting a programme (Bulgaria), and another was planning to pilot a programme (Romania). For the two remaining countries (Greece and Slovakia), for which no data were provided, the most recent international source of information on screening programmes (von Karsa et al., 2008; Lerda et al., 2014) provided no evidence that an organised breast cancer screening programme was in place or planned, although some evidence exists for Greece (Simou et al., 2011; Trigoni et al., 2008; Trigoni et al., 2011; Tsounis et al., 2014). The present results are consistent with the findings in the *Implementation Report* (von Karsa et al., 2008). They show a positive trend towards compliance with the Council Recommendation and are encouraging, especially when considered together with the recent data on organised breast cancer screening in non-EU Mediterranean countries (Giordano et al., 2016), where such programmes are rare and do not meet

international recommendations. In particular, only 4 out of the 25 countries with a programme in place do not cover the 50–69 age group, whilst the eligible age in 7 countries extends above or below this age threshold. It is worth noting the recent IARC viewpoint (Lauby-Secretan et al., 2015), which suggests there is sufficient evidence of mortality reduction for women aged 70–74, whilst for women aged 45–49 the evidence is limited. Moreover, three countries employ a different invitation schedule, using baseline risk as defined by breast density and/or specific age groups. In the *Implementation Report* there was no evidence of tailored screening protocols in place in organised programmes, which may reflect that research activity on tailored screening is still ongoing (Paci and Giorgi Rossi, 2010).

Taking into account the overall results of the 20 countries/regions that provided complete data for 2010 and 2014 (see Table 3, i.e. Austria, Belgium – Brussels, Croatia, Cyprus, Estonia, Finland, France, Germany, Ireland, Italy, Luxembourg, Latvia, the Netherlands, Norway, Poland, Portugal, Spain, Sweden, Slovenia, England), mean coverage by invitation increased by 3% (86.8% to 90.1%), and coverage by test by 4% (48.3% to 52.6%). This increase seems to be mainly due to progress or completion of rollout in Austria, Latvia, Italy, and Slovenia. Globally, coverage by invitation and by test still seems to be improving slightly, despite the austerity measures implemented in Europe over the last five years. However, the large range observed for the indicators in different countries (e.g. participation rate ranging from 8.3% to 84.8% in 2010 and

**Table 5**  
Interventions to reduce inequalities in participation performed in the periods 2007–2012 and 2012–2014.

| Country               | Objective  | Target Population   | Type of intervention                                     | Description of the intervention   | Outcomes   |
|-----------------------|--|---|--|---|--|
| <b>Austria</b>        |  |   |  |   |  |
| 2007–2012             | To increase participation and inform the women in the target population  | General population  | Information  | General campaigns   | Not evaluated  |
| 2012–2014             | To implement the population-based screening programme  | General population  | Information  | Campaigns of general information in 4 languages   | Evaluation ongoing   |
| <b>Bulgaria</b>       |  |   |  |   |  |
| 2007–2012             | No   | No  | No   | No  | No   |
| 2012–2014             | Not reported   | Not reported  | Not reported   | Not reported  | Not reported   |
| <b>Czech Republic</b> |  |   |  |   |  |
| 2007–2012             | To increase participation and inform the women in the target population  | General population  | Information  | General campaigns   | Continuous increase in coverage by examination   |
| 2012–2014             | To reduce inequalities in participation  | General population: 45–70   | Organisational changes                                   | Implemented a population-based screening (by individual invitations)  | 13.4% participation in previously unscreened women, overall decrease inequalities to be evaluated  |
| <b>Estonia</b>        |  |   |  |   |  |
| 2007–2012             | To increase participation  | General population  | Accessibility improvement                                | Decrease of transport barriers: make the timetables mammography buses more intense  | Participation rise 15%   |
| 2012–2014             | No   | No  | No   | No  | No   |
| <b>France</b>         |  |   |  |   |  |
| 2007–2012             | To reduce inequalities and increase participation  | Vulnerable population and Health professionals: GPs medical, staff in prisons, immigration NGO, low income population   | Information, social participation mechanism, empowerment | Local initiatives and National campaigns: actions in the National Cancer Plans (2009–2013 and 2014–2019) were dedicated to reduction of inequalities in breast cancer screening   | Increase of participation in the targeted population   |
| 2012–2014             | Continuity   | Continuity  |  | Continuity  | Continuity   |
| <b>Germany</b>        |  |   |  |   |  |
| 2007–2012             | To implement the population based screening programme  | General population  | Information  | General campaigns   | Since 2009 fully implemented programme, plenty of information material, regular invitation of the entire target population   |
| 2012–2014             | Change in communication and information strategies towards enabling informed decision rather than increasing participation   | General population  | Information  | Revision of most information material, introduction of new information material: video statements, information films, graphics, new internet presence with specific portals for different users-women, physicians, media, ....  | Nothing measured   |
| <b>Ireland</b>        |  |   |  |   |  |
| 2007–2012             | 1) To inform about early detection, prevention and screening;<br>2) To address barriers of specific subgroups to increase accessibility;<br>3) To advocate on behalf of all service users to ensure an equitable service | General and vulnerable population and Health professionals: community, voluntary organisations, statutory bodies, health professionals and other relevant agencies, specific 'hard to reach' target populations | Information, empowerment                                 | General campaigns and specific initiatives for 'hard to reach' targeted populations: information sessions, community courses, health fairs and staffed displays. Examples of social inclusion work include, developing a language tool for use by radiographers, organising language and sign interpreters, the development of materials in other languages and formats | Specific 'hard to reach' targeted populations have been directly reached by health promotion teams. Key messages on early detection and prevention have been developed. Our social inclusion work ensures that these groups are given every opportunity to access our services and their specific needs understood and responded to. The development of low literacy materials e.g. Breast Check pictorial leaflet. On-going work and initiatives with minority groups in training community health workers, appointment support for women and low literacy support etc. |
| 2012–2014             | Identification of groups with low participation rates  | Vulnerable population: specific geographical area   | Monitoring and research, empowerment                     | Monitoring of participation rates in specific geographical locations<br>Various initiatives introduced for reduced participation rates in this locations  | Health professionals such as Primary Care Teams including General Practitioners, Practice Nurses and Public Health Nurses and also community groups are asked to provide support in creating awareness of the Breast Screening Programme among their patient population and encourage women to attend for screening where low rates of participation exist   |

(continued on next page)

Table 5 (continued)

| Country    | Objective   | Target Population  | Type of intervention  | Description of the intervention  | Outcomes   |
|------------|---|--|---|--|--|
| Italy      |   |  |   |  |  |
| 2007–2012  | 1) To analyse participation by sub- groups (ethnic, socio-economic groups).<br>2) To reduce barriers to informed choice | Vulnerable population: Ethnic/immigrants groups  | Research and studies, information                             | Study of barriers to design an intervention  | A National survey specific for People coming from Countries with high migration pressure has been carried out. Several programmes have carried out analysis of participation by socio-economic status. Several programmes adopt leaflets translated into principal languages of Countries with high migration pressure |
| 2012–2014  | No  | No   |   | No   | No   |
| Luxembourg |   |  |   |  |  |
| 2007–2012  | To increase participation rate  | General population   | Information   | General campaigns  | Difficult to measure.  |
| 2012–2014  | No  | No   |   | No   | No   |
| Malta      |   |  |   |  |  |
| 2007–2012  | To implement the population based screening programme   | General population   | Invitation strategies   | General campaign.  | Roll out of the national screening programme   |
| 2012–2014  | To increase the participation rate  | General population   | Information Empowerment                                       | 1. Some projects have looked at motives for non-attendance, by telephone surveys and follow up calls; 2. data sets have been cleaned up, and demographic information made more reliable  | Increase in attendance rate  |
| Netherland |   |  |   |  |  |
| 2007–2012  | To raise informed decision making of target population  | General and Vulnerable population: specific geographical area and specific socioeconomic level groups          | Information, monitoring and research                          | 1) Specific information for some groups<br>2) Monitoring of reasons for non-participation  | Continuous improvement of education materials. Regular monitoring of reasons for non-participation acting upon that  |
| 2012–2014  | No  | No   |   | No   | No   |
| Portugal   |   |  |   |  |  |
| 2007–2012  | To promote participation, analyse and reduce existing barriers  | General and vulnerable population  | Information, accessibility improvement                        | 1) General campaigns<br>2) Provide transportation to women with limited resources  | Higher participation rate  |
| 2012–2014  | No  | No   |   | No   | No   |
| Poland     |   |  |   |  |  |
| 2007–2012  | To promote participation  | General population   | Information, invitation strategies                            | 1) General campaigns, information material, lectures, and educational events<br>2) Personal invitation by letter   | Difficult to measure   |
| 2012–2014  | Continuity  | Continuity   |   | Continuity   | Continuity   |
| Romania    |   |  |   |  |  |
| 2012–2014  | 1)To improve accessibility<br>2) To increase participation  | Vulnerable population: Roma and other disadvantaged groups   | Information, accessibility improvement                        | Regional information campaign with mobile units and sanitary mediators   | Expected Outcome: Up to 5000 tests in disadvantaged groups in rural and ethnic communities up to April 2016, end of Project implementation   |
| Sweden     |   |  |   |  |  |
| 2007–2012  | 1) To increase participation<br>2) To facilitate rebooking<br>3) To increase participation                              | General and vulnerable population  | Accessibility improvement, Invitation Strategies, Information | 1) Political decision to take away the fee<br>2) Second invitation within one – two weeks if they did not attend.<br>3) Specific information in several languages focused on lower socio-economic level; different phrasing in invitation letter | Outcome: Increased participation especially in areas with low participation and among younger women  |
| 2012–2014  | No  | No   |   | No   | No   |
| Slovenia   |   |  |   |  |  |
| 2007–2012  | To rise participation rate among no respondent women  | General population: non-respondents  | Invitation strategies   | Second and third invitation if they did not attend   | Third invitation with fixed appointment term not efficient. Since then we send only one additional invitation  |
| 2012–2014  | To rise screening participation rate  | General population: Women who did not attend subsequent screening interval after being screened at least once. | Monitoring and research                                       | Non-attendance questionnaire, still on-going   | It is effective to remind women about screening after few years of being no respondent – with motivation letter, not with fixed appointment for screening  |
| Spain      |   |  |   |  |  |

Table 5 (continued)

| Country      | Objective   | Target Population   | Type of intervention                                | Description of the intervention  | Outcomes  |
|--------------|---|---|---|--|---|
| 2007–2012    | 1) To improve accessibility<br>2) To empower population in cancer prevention<br>3) To increase participation and informed decision making | General and vulnerable population:<br>1) 1.1.rural and remote population; 1.2. psychiatric patients in hospitals<br>2) Ethnic groups in high vulnerable areas, immigrant population<br>3) 3.1. general population; 3.2. vulnerable population | Accessibility improvement, Information, Empowerment | 1) 1.1.Mobile units, free transportation; 1.2.Accessibility for psychiatric patients admitted in Hospitals<br>2) Training health agents from local ethnic groups, action-participative research<br>3) 3.1.General campaigns, 3.2.Meetings with vulnerable population | 1.1) Increase participation/participation rates unchanged 1.2) Identification of specific needs<br>2) Community empowerment/Not assessed<br>3) Improvement of informed participation                                |
| 2012–2014    | No  | No  | No  | No   | No  |
| UK (England) |   |   |   |  |   |
| 2007–2012    | To increase participation   | General population  | Accessibility improvement                           | Offer of out of hours appointment  | The highest attendance was observed in the group offered an initial office hour appointment with the option to change to out-of-hours (76.1% vs 73.3% for standard office hour, $P^2$ 0.001), with 7% of invitation |
| 2012–2014    | No  | No  | No  | No   | No  |

from 8.0% to 83.0% in 2014) suggests variation in performance between European screening programmes – an issue that must be taken into consideration by policy-makers.

It is widely accepted that European health care policies, such as ‘universal’ national health systems and ‘population-based’ cancer screening programmes, promote equity. However, vulnerable populations have been identified as being excluded from the target population (e.g.: women without health insurance, women without residence permits, and women in prison). According to the definition of target population included in the *European Guidelines* (Perry et al., 2006), ‘all women eligible to attend for screening on the basis of age and geographic location (dictated by screening policy)’ shall be invited. This definition also specifies that ‘special groups such as institutionalised or minority groups’ should be included. It would therefore be advisable for European breast cancer screening programmes to ensure that the definition of their target population is in accordance with the *European Guidelines*, including that for vulnerable populations.

Monitoring participation is another quality indicator recommended in the *European Guidelines* (Perry et al., 2006). Age and territory are the most common variables used to analyse participation, but effort is needed to also include variables related with ethnicity and socioeconomic level in cancer screening registries. This study identified inequalities in participation, with socially vulnerable groups showing a lower participation rate. These results are consistent with those of other studies (Palència et al., 2010; Euler-Chelpin et al., 2008; Dolansky, 2006; Maheswaran et al., 2006). Reducing social inequalities in cancer could be achieved with different approaches, both general and targeted. The general approach takes into account the whole population, and seeks to reduce the difference in health between high, middle and low-income groups by providing health opportunities equally across all socioeconomic strata. The targeted approach focuses only on people in the poverty stratum. Both approaches are complementary and interdependent (Whitehead and Dahlgren, 2006). Interventions to tackle inequalities with general and targeted approaches are therefore needed.

This study reports the implementation status of breast cancer screening programmes in most EU countries. However, as the Council Recommendation invited to maximise benefits and minimise harms of screening and to comply with quality assurance guidelines, our study is limited to some extent by a lack of information on the quality of the service actually provided by those countries. This is important,

particularly in view of the debate on the undesirable effects of mammography screening, such as overdiagnosis.

Despite continuous improvement in the implementation of breast cancer screening programmes, it may be challenging in future to maintain the coverage achieved despite austerity, to reduce inequalities in access, and to maximise the risk-benefit ratio. Moreover, strategies to reduce inequalities in cancer screening must be implemented. For this to happen, the unequal distribution of barriers limiting access to screening among different socioeconomic and cultural groups must be further analysed so that suitable interventions that improve access to good quality screening may be developed.

## 5. Conclusion

Organised, population-based breast cancer screening programmes based on routine mammograms are in place in most EU member states. However, there are still differences in the way breast cancer screening programmes are implemented which could translate into cancer inequalities. Offering universal and free access to breast cancer screening and implementing interventions to encourage participation by vulnerable populations through information and invitation strategies as well as social participation and empowerment mechanisms will be needed. In the future, studies on the quality of the services provided will also be necessary.

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## Transparency document

The [Transparency document](#) associated with this article can be found, in online version.

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## Appendix A. Supplementary data

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