



2 Role of Notch in endothelial biology

3 Macarena Fernández-Chacón^{1,2} · Irene García-González¹ · Severin Mühleder¹ · Rui Bedito¹

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6 Abstract

7 The Notch signalling pathway is one of the main regulators of endothelial biology. In the last 20 years the critical function of
8 Notch has been uncovered in the context of angiogenesis, participating in tip-stalk specification, arterial-venous differentia-
9 tion, vessel stabilization, and maturation processes. Importantly, pharmacological compounds targeting distinct members
10 of the Notch signalling pathway have been used in the clinics for cancer therapy. However, the underlying mechanisms
11 that support the variety of outcomes triggered by Notch in apparently opposite contexts such as angiogenesis and vascular
12 homeostasis remain unknown. In recent years, advances in -omics technologies together with mosaic analysis and high
13 molecular, cellular and temporal resolution studies have allowed a better understanding of the mechanisms driven by the
14 Notch signalling pathway in different endothelial contexts. In this review we will focus on the main findings that revisit the
15 role of Notch signalling in vascular biology. We will also discuss potential future directions and technologies that will shed
16 light on the puzzling role of Notch during endothelial growth and homeostasis. Addressing these open questions may allow
17 the improvement and development of therapeutic strategies based on modulation of the Notch signalling pathway.

18 **Keywords** Notch signalling · Endothelial cells · Angiogenesis · Vascular homeostasis · Arterial-venous specification

19 Introduction

20 Our body contains an extensive tubular network of blood
21 vessels lined by a monolayer of endothelial cells (ECs)
22 that arose during evolution in order to carry oxygen and
23 nutrients to distant tissues and organs in the body [1]. The
24 first vascular structures are assembled by coalescence of
25 endothelial progenitor cells and in situ differentiation, a
26 process known as vasculogenesis, which gives rise to the
27 first arteries (dorsal aorta), veins and the primitive vascular
28 plexus [2]. This primary vessel network is later expanded
29 through the process of angiogenesis that requires an equi-
30 librium between endothelial cell proliferation, sprouting
31 and migration in order to form new blood vessels and at
32 the same time maintain the function of pre-existing ones.
33 Angiogenesis involves not only the formation of new blood

vessels, but also the remodelling and arteriovenous differen- 34
tiation of pre-existing blood vessels, in order to maintain an 35
effective vascular function that fulfils the metabolic needs 36
of the surrounding tissues. This involves a constant cross- 37
talk between developing or remodelling blood vessels and 38
the surrounding tissues. Over time, a given tissue vascular 39
bed will adopt different architectures to match the evolving 40
demands of the surrounding tissue. For this reason, vascu- 41
lar development and angiogenesis is only completed once 42
the surrounding tissue stops growing. In a mature or adult 43
organism, vessels acquire a quiescent or dormant state, but 44
they still retain important homeostatic functions and can 45
be reactivated under certain physiological or pathological 46
stimuli. Given their ubiquitous organ distribution and their 47
general relevance for tissue function, growth, healing and 48
regeneration, blood vessels play a very important role in 49
the pathogenesis of most diseases [3]. Research in the last 50
decades revealed the existence of several molecular and cel- 51
lular mechanisms involved in the regulation of angiogenesis 52
and vascular homeostasis. Some of these mechanisms are 53
important for every aspect of endothelial biology, whereas 54
others have more specific or accessory functions. Similarly 55
to vascular endothelial growth factor (VEGF) signalling, the 56
Notch signalling pathway is among the top regulators of 57

A1 ✉ Rui Bedito
A2 rui.bedito@cnic.es

A3 ¹ Molecular Genetics of Angiogenesis Group, Centro Nacional
A4 de Investigaciones Cardiovasculares (CNIC), Melchor
A5 Fernández Almagro 3, 28029 Madrid, Spain

A6 ² Faculty of Experimental Sciences, Universidad Francisco de
A7 Vitoria, Madrid, Spain

58 vascular biology. Here we provide an updated review on the
59 role of Notch in endothelial biology.

60 Notch signalling and its cell context dependency

61 In mammals, there are four distinct Notch receptors (Notch1-
62 4) that can interact with five different ligands: three of the
63 Delta-like ligand (Dll) family (Dll1, Dll3, Dll4) and two of
64 the Jagged family (Jag1 and Jag2). Both ligands and recep-
65 tors are transmembrane proteins with large extracellular
66 domains formed by epidermal growth factor (EGF)-like
67 repeats, through which they interact with each other. The
68 activation of the pathway is triggered when Notch receptors
69 interact with transmembrane ligands provided by neigh-
70 bouring cells [4, 5]. This binding promotes two proteolytic
71 cleavage events in the Notch receptor. The first cleavage is
72 performed by ADAM-family metalloproteases. The sec-
73 ond cleavage, which is mediated by a γ -secretase, releases
74 the Notch intracellular domain (Notch ICD or NICD) of
75 the receptor. Then, the cleaved NICD translocates to the
76 nucleus, where it binds the transcription factor RBPJk and
77 recruits co-activators such as Mastermind-like (MAML).
78 This transcriptional complex is able to bind several pro-
79 moters containing Rbpjk binding sites, including canon-
80 ical Notch target genes, such as *Hes/Hey* encoding basic
81 helix-loop-helix (bHLH) transcriptional repressors [6]. The
82 complexity in understanding the role of Notch in cell biol-
83 ogy stems from the fact that this apparently simple Notch
84 signalling-transcriptional program varies greatly between
85 different cell types, and also within a single-cell type it can
86 vary significantly according to the genomic and transcrip-
87 tional status of the cell. This is because the effects of this
88 transcriptional machinery are signalling dose-dependent and
89 also because it interacts with a diverse repertoire of exist-
90 ing transcription factors and chromatin states in the cell [7].
91 Therefore, knowing the transcriptional programs elicited by
92 Notch in blood cells, neurons, or epithelial cells, will not
93 help us to understand how Notch controls the biology of
94 endothelial cells. As a simple example, Notch activation in
95 blood cells promotes Myc expression and cell proliferation,
96 which can lead to leukemia [8], while in endothelial cells
97 Notch overactivation blocks Myc expression and cell pro-
98 liferation [9]. Another example is that Notch activation in
99 neurons mostly activates the canonical *Hes* genes, while in
100 endothelial cells it mostly activates the canonical *Hey* genes.

101 Within endothelial cells, it is also becoming clear that
102 Notch triggers completely different transcriptional programs
103 in HUVECs vs HUAECs cultured in vitro [10]. In vivo there
104 are also significant differences between the genetic programs
105 controlled by Notch in growing coronary [9] and retina [11]
106 vessels and even within the same growing retina vascular
107 network, Notch has spatial and temporal-context-dependent
108 roles on EC proliferation [11]. Future single-cell -omics

studies will likely expand on this complexity and diversity
of Notch functions in single endothelial cells of different
organs during development and disease.

Functional relevance of distinct Notch signalling members

Most endothelial cells express mainly the receptors Notch1
and Notch4, and the ligands Dll4 and Jag1, even though all
other receptors and ligands are also expressed in endothe-
lial cells [12–15]. Targeted disruption of different Notch
components leads to early embryonic lethality due to severe
vascular development defects. Dll4 has been shown to be
the most important Notch ligand for early vascular develop-
ment and angiogenesis. Like the VEGF ligand, its full dose
is needed for vascular development. Most mouse embryos
lacking a single *Dll4* allele are haploinsufficient [16, 17] and
die in utero between E9.5-E10.5 with vascular development
defects similar to those in *Dll4*^{KO} embryos. Full loss-of-
function mutants for *Jag1* [18] and *Dll1* [19] show signifi-
cantly milder vascular development defects, and die at E10.5
and E12, respectively. On the other hand, *Jag2* mutants die
at birth, but this is due to craniofacial morphogenesis defects
[20]. These studies revealed the relative importance of the
different ligands for embryonic angiogenesis, but we still
do not know well how the different ligands compensate for
each other and how they regulate Notch signalling in other
organ vascular beds, in adult blood vessels, or in disease.
This is particularly relevant since there are now blocking
antibodies against each of these ligands [21–24], and a better
understanding of their different functions in physiology and
disease could open new therapeutic options.

Similarly to the ligands, we also have now blocking anti-
bodies against the different Notch receptors [25, 26] but we
still know little about the functions of the different Notch
receptors in endothelial biology, with the exception of stud-
ies in early mouse embryos. These studies clearly indicated
that Notch1 is the most important receptor for early angio-
genesis, since *Notch1*^{KO} or *Notch1*^{flxed-Tie2-Cre} embryos die
at E9.5 with severe vascular development defects, similarly
to *Rbpj*^{KO} embryos [27–29]. However, it was also shown
that at least Notch4 can partially compensate for Notch1
loss [28], and perhaps Notch2 and Notch3, which are weakly
expressed in endothelial cells, may also have an important
role in endothelial cells when Notch1 and Notch4 functions
are lost. It is interesting to note that most studies in the field
have used *Rbpj*^{flxed} mice to understand the consequence of
disrupting all Notch receptor signalling [17, 30–32], but
Rbpj is not a transcription factor specific to Notch signal-
ling and may also have Notch-independent roles. In fact,
several studies have revealed significant differences between
Rbpj and Notch loss-of-function studies in cardiomyocytes,
pericytes, and in vitro mouse myogenic cells [33–35].

In endothelial cells, it is currently believed that loss of *Rbpj* generally phenocopies the use of γ -secretase inhibitors or *Notch1/Dll4* loss-of-function [11, 16, 17, 21, 22, 28, 36–40] but a thorough phenotypic and RNAseq comparison is needed to fully determine this. The existent higher resolution loss-of-function retina angiogenesis data suggest that there are significant phenotypic differences between *Dll4/Notch1/Rbpj* mutants [11, 36, 40] being that the increase in vascular density and lack of arterialization after *Dll4* deletion is more pronounced than after *Notch1* or *Rbpj* deletion. However, these differences may be because it is easier to delete *Dll4* than *Notch1* and *Rbpj* in retina vessels, or the faster turnover of *Dll4* in comparison to *Rbpj* protein. So far not a single study compared the simultaneous deletion of the four Notch receptors to the deletion of *Rbpj*, something difficult to achieve technically. It has been much easier to combine and induce the deletion of two *Rbpj* floxed alleles, than of eight floxed alleles corresponding to the four Notch receptors, especially because two of them are located in the same chromosome (*Notch3* and *Notch4*) and thus cannot be combined. The alternative of comparing the effects of *Rbpj* deletion with general γ -secretase inhibitors (to block all Notch receptors) is also not ideal, since the former represents full genetic deletion, and the latter an incomplete loss of Notch signalling. Our current assumption that *Rbpj* deletion mimics the loss of all Notch signalling in endothelial cells may be wrong in many cases and should be further tested. We will also need to take this into account if we intend to use *Rbpj*^{iLOF} data to predict the consequence of Notch blockers/inhibitors in the clinics.

Role of Notch in arterial specification

After vasculogenesis, the first and primitive capillary plexus is remodelled into a hierarchical network of vessels containing arteries and veins. Arteries are specialized in delivering oxygenated blood to capillaries, that passively distribute it to surrounding organ cells, and veins collect the low oxygen blood, return it to the heart and close the circuit. For a long time, blood flow dynamics was considered to be the only factor driving arterial-venous specification until genes with an arterial-venous-enriched expression pattern started to emerge [41]. Mature arteries experience high pulsatile shear stress, high blood flow and contain several circumferential and thick layers of smooth muscle cells (SMCs) together with extracellular matrix. On the other hand, veins experience low shear stress, are covered by significantly less SMCs and also have valves to ensure unidirectionality of blood flow [42].

Several studies have shown that the first steps of arterial-venous differentiation occur before significant differences in blood flow are experienced by ECs and the current consensus is that ECs become pre-specified to an arterial or

venous fate before artery or vein assembly, even though this process can also be partially modulated by flow. VEGF has been shown to be required for the development of arteries through the activation of *Dll4/Notch* signalling [43, 44]. Importantly, the expression of Notch ligands and receptors is high in arteries and almost absent in veins [14, 45–47].

Genetic deletion of *Dll4* or *Notch1* is still compatible with the initial development of the first arteries (dorsal aorta) but leads to loss of arterial markers (such as those encoded by *Efnb2*, *Gja4(Cx37)* and *Gja5(Cx40)*) and widespread expression of venous-related genes [16, 17, 48, 49]. The underdeveloped mutant “arteries” have relatively high expression of venous-enriched genes (such as *EphB4* and *Flt4*). Because of this, it was assumed that the default vascular fate was venous, and that high VEGF/Notch signalling was needed to induce an arterial genetic programme on these initially “venous” cells. Questioning the default venous fate, was the finding that COUP-TFII is a vein-specific nuclear receptor that was shown to repress Notch during venous specification. Absence of this transcription factor leads to the acquisition of arterial identity in venous vessels [50]. More recently, COUP-TFII overexpression and single-cell RNA sequencing (scRNAseq) studies in coronary vessels showed again how the ectopic expression of this factor blocks arterialization [47]. Importantly, and in contrast to previous studies, the authors did not see any significant effect of *CoupTFII*^{OE} on the expression or activity of Notch receptors. Instead, *CoupTFII*^{OE} upregulated the expression of cell cycle genes. In addition, ectopic Notch activation in *CoupTFII*^{OE} cells did not rescue their inability to become arterial. These results suggest that modulation of the cell cycle, not Notch, is the key for the effects of *CoupTFII* on venous development (Fig. 1).

If loss of Notch impairs arterialization, it is expected that ectopic activation of Notch signalling induces arterialization. Indeed, it was shown that during vascular development Notch can repress the expression of venous markers in veins [51–54]. However, higher resolution mosaic analysis in coronary and retina veins showed that despite the fact that cells with higher Notch signaling have a lower tendency to form veins, they do differentiate normally, losing the expression of arterial marker genes (*Cx40*) and expressing normal levels of *EphB4* and *CoupTFII* [9]. Only in pre-arterial capillaries, cells with high Notch signalling had higher expression of arterial marker genes. In pre-venous or venous vessels, these cells had normal expression of venous marker genes. This study also showed that cells with high Notch proliferated significantly less, but they differentiated adequately to venous cells when located in the right venous microenvironment (Fig. 1).

Even though there are several arterial enriched genes, few have such an important role as Notch in arterialization, and hence it is considered a master regulator of arterialization.

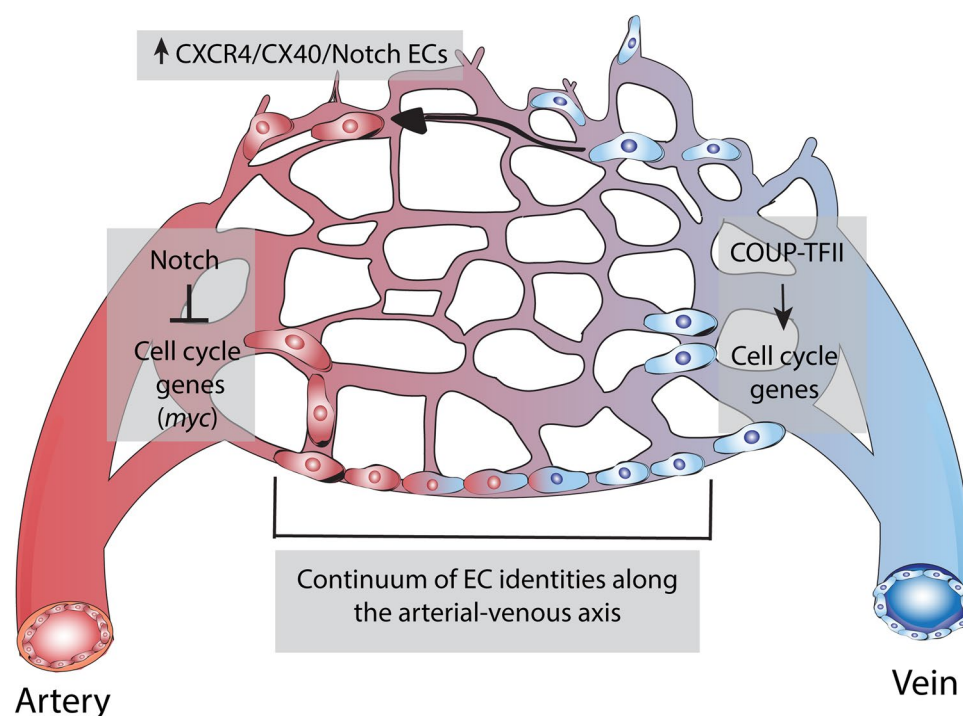


Fig. 1 Notch signalling regulates arterial specification by inhibiting endothelial cell cycle genes and biosynthetic activities. The formation of arteries and veins was thought to occur by the induction of a highly conserved arterial and venous genetic programme in a subset of vessels. This specific genetic programme was driven by Notch in arteries and COUP-TFII in veins. Contrary to this established model, recent findings have suggested that arterial-venous pre-specification

is tightly linked to the modulation of the endothelial cell cycle and this also influences endothelial cell migration/mobilization towards arterial or venous vessels. Therefore, the formation of arteries does not rely on the direct induction of a Notch-dependent arterial differentiation programme, but instead depends on the suppression of endothelial cell cycle and metabolism, specifically achieved by Myc downregulation

264 For example, Cx37 and Cx40 are excellent markers of the
265 arterial phenotype, and strongly activated by Notch, but their
266 dual loss do not affect embryonic arterialization. Notch also
267 strongly regulates the expression of the arterial-specific
268 Ephrin-B2 ligand, and knockout of this ligand also results
269 in arterial development defects [55].

270 Besides the requirement of Notch for the development
271 of the dorsal aorta in mouse and zebrafish embryos, its rel-
272 evance for the development of other arteries has also been
273 demonstrated more recently by genetic deletion of Notch
274 signalling components in developing coronary, retina and
275 brain vessels. The complete loss of Dll4-Notch signalling
276 also significantly compromises arterial development in these
277 organs [36, 40, 56–58]. This data suggests that most organ
278 arteries may require Notch signalling in order to develop.
279 Indeed, a recent study using Apelin-driven *Rbpj*^{KO} genetic
280 mosaics showed that these cells poorly contribute to the for-
281 mation of adult aorta, liver, brain, heart and retina arteries
282 [9]. However, in these mosaic mutants a significant fraction
283 of *Rbpj*^{KO} cells can still form arteries, which raises questions
284 about the essential cell-autonomous function of Notch in
285 arterialization.

Recent publications using pulse-chase lineage tracing
genetics in mice or live imaging in zebrafish have provided
significantly more insight into the process of arterial speci-
fication, and how it involves not only genetic pre-determi-
nation but also mobilization. These studies have shown that
vein-derived ECs and tip cells with high CXCR4/Notch sig-
nalling migrate against the flow to be incorporated into nas-
cent arteries [59–61]. The concept of arterial development
accomplished by migratory cells is supported by the pheno-
type resulting from deletion of *Cdc42* during retina vascular
growth. Absence of this small GTPase inhibits EC migration
and leads to EC accumulation in venous areas [62]. In addi-
tion, recent scRNAseq studies with developing coronary ECs
collected at different stages showed that there is a continuum
of EC identities along the arterial-venous axis [47]. A subset
of endothelial cells go through a gradual switch from a venous-
like programme to a pre-arterial one, well before the main
coronary arteries form and there is pulsatile flow. Lineage trac-
ing revealed that ECs with high CXCR4, CX40 and Notch
signalling are more committed/biased to mobilize and form
arteries. On the contrary, the vein-determining transcription
factor COUP-TFII suppresses pre-arterial transition by acti-
vating cell cycle genes [47]. This close relationship between

309 veins and cell proliferation and between arrested tip cells and
 310 arteries seems to be general and is also supported by other
 311 single-cell transcriptomic and epigenomic studies [63]. In line
 312 with these results, we have shown recently that it is not the
 313 Notch-dependent arterial differentiation program, but instead
 314 the ability of Notch to suppress Myc-dependent endothelial
 315 metabolism and cell cycle progression, which drives arterial
 316 mobilization and development [9]. Using standard conditional
 317 genetics and genetic mosaics we have shown that *Rbpj*^{KO} cells
 318 rarely form arteries, however *Rbpj/Myc*^{DKO} cells do so equally
 319 efficiently as wildtype cells. These results show that Notch/
 320 Rbpj signalling does not directly induce arterial specification,
 321 since it can occur in its absence. Indeed, ectopic activation
 322 of Notch in different endothelial cell lines is not sufficient to
 323 arterialize cells [10], even though it biases the cells towards
 324 arterial mobilization in vivo [9]. Since Myc mainly controls
 325 cell metabolism and growth, and not directly cell motility, this
 326 suggests that inhibition of the cell cycle or metabolism by the
 327 Notch-dependent suppression of Myc may render cells more
 328 permissive for pre-arterial specification or more chemotac-
 329 tic towards arteries. In line with this, very high VEGF activ-
 330 ity, induced in a mosaic and cell-autonomous manner, also
 331 decreases EC proliferation and increases the cell's ability to
 332 mobilize and form arteries. Most retina *Esm1* + tip cells are
 333 also positive for the cyclin-dependent kinase inhibitor (p21),
 334 and proliferate significantly less than stalk cells [11], and
 335 these cells were also shown to effectively mobilize to arteries
 336 [59–61]. Finally, the use of cell cycle inhibitors during vas-
 337 cular development also enhances arterial specification [47].
 338 These studies indicate that arterial-venous pre-specification is
 339 tightly linked to the modulation of the endothelial cell cycle,
 340 which also influences EC migration/mobilization towards arte-
 341 rial or venous vessels (Fig. 1). During tissue development,
 342 this genetic or cell cycle/metabolic specification occurs before
 343 significant differences in blood flow exist. Nonetheless, blood
 344 flow and shear stress may help later to reinforce these pre-
 345 existing genetic programs by providing additional biophys-
 346 ical factors that further enhance the arteriovenous differences.
 347 Indeed, Notch itself is a mechanosensitive pathway and arterial
 348 shear stress is able to enhance Notch signalling. This has been
 349 also shown to suppress endothelial proliferation and trigger the
 350 expression of an arterial-specific program [64–66].

351 A better understanding of how all these biophysical
 352 and genetic factors are spatially and temporally integrated
 353 in vivo is not only important to gain more knowledge, but
 354 also because it may allow the development of better thera-
 355 peutic strategies to induce effective arterialization after tis-
 356 sue ischemia, such as after coronary obstruction and myo-
 357 cardial infarction.

Regulation of sprouting angiogenesis by Notch signalling

360 The growth of the vascular network is an extremely dynamic
 361 process and requires multiple and coordinated steps that
 362 include EC proliferation, sprouting and migration. When a
 363 tissue does not have enough oxygen, it secretes pro-angio-
 364 genic factors such as VEGF that, by binding to its recep-
 365 tors, activates a fraction of ECs and confer these a motile
 366 and invasive phenotype [67–69]. These so-called tip cells
 367 acquire long filopodia and lead the sprouting process. Fol-
 368 lowing these invasive and migratory cells, are the stalk
 369 cells, the building blocks for the budding sprout. These cells
 370 establish a vascular lumen for blood flow and also actively
 371 proliferate to sustain sprout elongation [70, 71]. Most of the
 372 research done in mice to reveal tip/stalk cell biology has
 373 been performed in the postnatal mouse retinal angiogen-
 374 esis model, which is a relatively easy system to genetically
 375 manipulate and image [72]. Using this system it has been
 376 shown that the biology of tip and stalk cells is strongly regu-
 377 lated by the VEGF/Notch pathway [69, 73]. VEGF is one
 378 of the most potent pro-angiogenic factors and its blockade
 379 results in severe retinal angiogenesis defects, with a marked
 380 decrease in the number of sprouting cells [40, 74]. VEGF
 381 gradient and concentration finely regulate tip cell migration
 382 and stalk cell proliferation [67]. Mechanistically, VEGF-
 383 induced VEGFR2 signalling triggers several phosphoryla-
 384 tion cascades, including the downstream mitogen-activated
 385 protein kinase (MAPK)/ extracellular signal regulated kinase
 386 (ERK) signalling activation [75, 76]. In addition, VEGFR2
 387 signalling leads to the transcription of tip cell-enriched
 388 genes such as *Esm1* and *Dll4*. Tip cells that express more
 389 *Dll4*, in turn activate Notch signalling in the adjacent cells.
 390 Consequently, this maintains the stalk fate in adjacent cells
 391 by suppressing tip cell behaviour [21, 22, 36, 37]. Dele-
 392 tion of just one *Dll4* allele is sufficient to induce excessive
 393 sprouting and vessel branching because of increased tip cell
 394 formation. This is accompanied by an increase in tip cell-
 395 enriched genes such as *PdgfB*, *Unc5b* [38], *Esm1*, or *Apln*
 396 [77] in the rest of the vasculature. Loss of Notch signalling
 397 by deleting *Dll4*, *Notch1* or *Rbpj* leads to pronounced vas-
 398 cular developmental defects that were initially related with a
 399 general increase in EC activity and angiogenesis [16, 21, 22,
 400 36–39]. Conversely, Notch gain-of-function studies showed
 401 that it decreases vascular density and reduced tip cell num-
 402 ber and EC sprouting [38, 78, 79]. Manipulation of Notch
 403 signalling activity in a mosaic manner confirmed the role
 404 of Notch signalling in tip cell specification [36, 75]. Live
 405 imaging and fate-mapping studies in zebrafish and mouse
 406 models have shown that tip cell specification is likely tran-
 407 sient and oscillatory, since ECs can switch between stalk
 408 and tip positions during angiogenesis. This dynamic process
 409 is considered to be regulated by the integration of VEGF

410 and Notch signalling levels, which drive a continuous shuffling
 411 of tip and stalk cells competing for the lead position
 412 [80, 81]. Since in other developmental systems Notch has
 413 been shown to be activated in an oscillatory manner [82],
 414 oscillations in the levels of Notch signalling may be also
 415 involved in the regulation of the observed oscillatory tip/
 416 stalk cell fates and dynamics. In addition, signaling through
 417 bone morphogenetic proteins and SMAD1/5 [83–85], and
 418 remodelling of VE-cadherin junctions [86] have also been
 419 shown to be involved in tip/stalk cell interconversion, and
 420 these molecular mechanisms can also be regulated upstream
 421 by Notch/Heys and VEGF signalling. Furthermore, ECs, and
 422 particularly tip cells, have been shown to polarize against
 423 blood flow and form the source for arterial development,
 424 both in the mouse retina and in zebrafish [59, 60, 87]. Nev-
 425 ertheless, only a fraction of them seem to be able to do so,

426 as most Esm1 + tip cells pulse-chased at postnatal day 3 (P3)
 427 have not incorporated into arteries at P6 [11] (Fig. 2).

428 The potent effect of Dll4/Notch as a suppressor of
 429 sprouting angiogenesis was also shown in pathological
 430 conditions. Dll4/Notch inhibition resulted in a significant
 431 decrease in tumour growth due to excessive but non-pro-
 432 ductive sprouting angiogenesis [21, 22]. The paradoxical
 433 reduction in tumour growth by Notch blockade, even after
 434 triggering an increase in sprouting angiogenesis, was
 435 explained by the authors as a consequence of a decrease
 436 in tumour blood perfusion when vessels are excessively
 437 branched.

438 In addition to Dll4, another Notch ligand was found to
 439 have an important and opposing role in tip/stalk cell biology
 440 and angiogenesis. Jagged1 was found to be a pro-angiogenic
 441 regulator mainly expressed in stalk cells which antagonizes

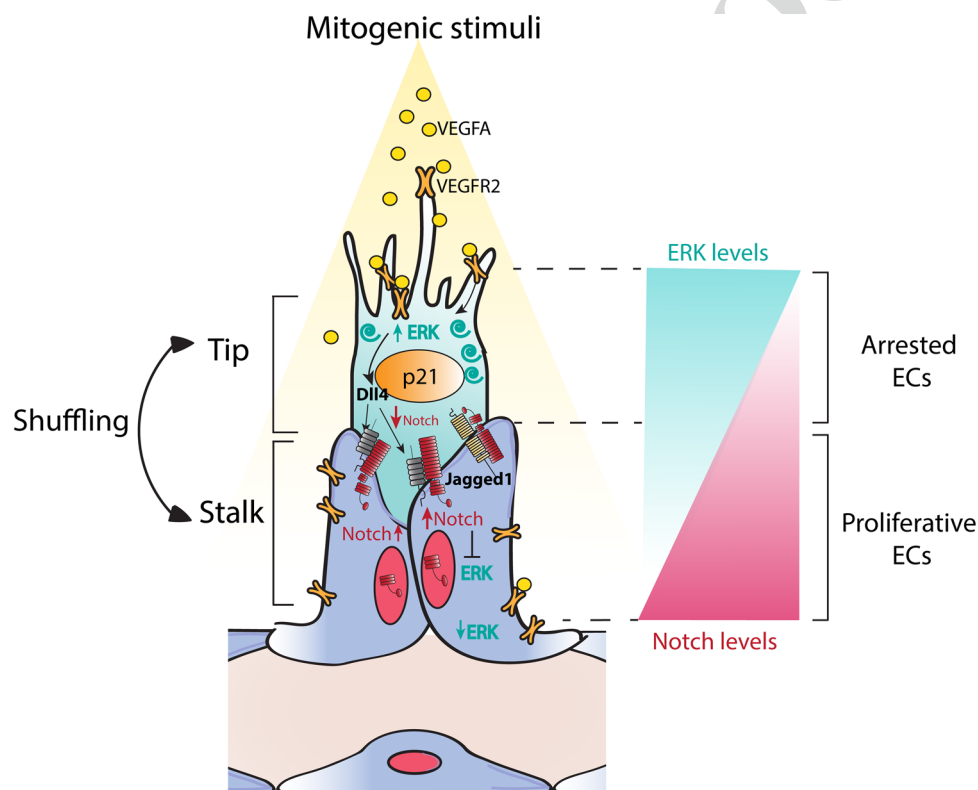


Fig. 2 ECs have a bell-shaped dose-dependent response to mitogenic stimuli in vivo. By binding to its cognate receptor VEGFR2, VEGF activates the fraction of ECs that become leading tip cells, triggering several downstream cascades, including the MAPK/ERK signaling pathway. These high VEGF/ERK signalling cells also express p21, which results in an arrested and non-proliferative EC phenotype. VEGFR2 signalling also results in Dll4 expression on tip cells, which in turns activates Notch signalling in the adjacent stalk cells and suppresses the tip cell phenotype by downregulating ERK signalling. Therefore, physiological Notch signalling in stalk cells is essential to prevent the hypermitogenic arrest of these ECs and sustain angiogenesis. Overall, recent studies have shown that adequate VEGF and Notch signalling balance must be maintained in order for

ECs to proliferate and sprout/migrate adequately. Jagged1 is a pro-angiogenic regulator mainly expressed in stalk cells which antagonizes Dll4-Notch signalling from stalk cells to tip cells. Contrary to previous studies, it has been shown that tip cells express similar amounts of VEGFR2 protein as stalk cells but they have higher ERK activity, likely because of their high proximity to the VEGF source and lower Notch activity. Tip cell specification has been shown to be transient and oscillatory. ECs at the leading edge are exposed to varying growth and biophysical factors, which makes them having different abilities to compete for the tip position. This continuous sensing and reaction to the surrounding tissue microenvironment results in a dynamic exchange among tip and stalk cells during angiogenesis.

442 Dll4-Notch signalling in Fringe glycosyltransferases (Mfng/
443 Lfng) expressing ECs, including tip cells [39]. By glyco-
444 sylating the Notch receptors, Fringes polarize the function of
445 the Delta and Jagged ligands [88, 89] in ECs. In the presence
446 of glycosylated Notch receptors, Delta becomes a stronger
447 ligand while Jagged becomes a weaker ligand, but since both
448 bind the same receptors, Jagged1 reduces endothelial Dll4/
449 Notch signalling. Therefore, the relative expression of and
450 equilibrium between different Notch ligands and modula-
451 tors control and reinforce the different behaviours between
452 endothelial tip cells (Notch signalling sending) and stalk
453 cells (Notch signalling receiving cells) (Fig. 2).

454 For many years, the VEGF/Notch interplay in tip/stalk
455 cell differentiation was thought to rely on the suppression
456 of VEGFR2 transcription by Dll4-Notch activation in stalk
457 cells, which was shown to happen in cultured HUVECs [69,
458 90, 91]. However, several other studies showed that Notch
459 does not significantly regulate the transcription of *Vegfr2* in
460 vivo in retina, heart and zebrafish vessels [9, 11, 37, 40, 92]
461 and that tip cells express similar amounts of *Vegfr2* protein
462 as stalk cells [40]. These studies also showed that unlike
463 *Vegfr2*, *Vegfr3* transcription and protein levels are more
464 tightly regulated by Notch signalling in vivo, however this
465 receptor does not bind VEGF-A (only VEGF-C/D) and its
466 role is more important for lymphangiogenesis (Adams et al.,
467 2007), even though it can also heterodimerize with VEGFR2
468 and potentially regulate its function [74]. Nonetheless, all
469 available evidence shows that tip cells have higher MAPK/
470 ERK activity, which is strongly activated by VEGF signal-
471 ling and suppressed by Notch signalling [11, 76]. Tip cells
472 have relatively higher ERK activity, likely because of the
473 combination of two factors, being the higher proximity to
474 the VEGF source, and the lower Notch signalling activity.
475 The latter could be due to Dll4 cis-Notch signalling inhi-
476 bition in tip cells plus the weaker expression of Dll4 (and
477 stronger Jagged1) ligands by stalk cells. Demonstrating the
478 key role of ERK activity in tip cell biology, suppression
479 of MEK/ERK signalling with pharmacological compounds
480 completely prevents EC sprouting or migration in zebrafish
481 and in the retinal angiogenesis model [11, 76].

482 Given that tip cells have higher MEK/ERK activity, one
483 would expect these to proliferate more than stalk cells.
484 However, in vivo studies have shown that retina tip cells,
485 particularly VEGF/Esm1-high tip cells, are less prolifera-
486 tive than their neighbouring stalk cells [11, 67]. A recent
487 study has shown that ECs have a bell-shaped dose-dependent
488 response to mitogenic stimuli in vivo [11]. When mitogenic
489 stimulation is increased by Dll4/Notch signalling inhibition,
490 or by VEGFR2 signalling overactivation, the most angio-
491 genic and proliferative ECs located at the angiogenic front
492 exit the cell cycle. Although in the first 24 h ECs subjected
493 to loss of Notch signalling experience a transient increase
494 in the speed of cell cycle progression and division, this is

495 followed by a pronounced cell cycle arrest at 48 h after the
496 start of the inhibition. This arrest is partially mediated by
497 the strong upregulation of ERK activity and p21. Therefore,
498 even though Notch overactivation does block endothelial cell
499 proliferation, physiological Notch signalling does not inhibit
500 angiogenesis but is instead essential to prevent the arrest of
501 endothelial stalk cells at the angiogenic vascular front, thus
502 sustaining angiogenesis [11]. During physiological retinal
503 angiogenesis, higher ERK signalling and p21 expression
504 (inducing cell cycle arrest) is restricted to tip ECs, being
505 the cells with lower Notch signalling and higher VEGF sig-
506 nalling. The cell cycle arrest of tip cells is likely necessary
507 to enhance their sprouting/migration ability. These studies
508 also show that an adequate VEGF and Notch signalling
509 balance must be maintained in order for ECs to prolifera-
510 te and sprout/migrate adequately. These results may also
511 partially explain the failure of therapeutic pro-angiogenic
512 strategies, such as the delivery of growth factors after myo-
513 cardial infarction [93, 94]. This simple approach is likely not
514 enough to effectively stimulate angiogenesis since vessels
515 elicit cell cycle checkpoint mechanisms at high levels of
516 growth factor stimulation. Understanding these hypermi-
517 togenic arrest mechanisms in more detail may shed more
518 light on ways of effectively boosting therapeutic angio-
519 genesis (Fig. 2).

520 Role of Notch in vascular maturation and quiescence

521 After the angiogenic expansion of the blood vessel network,
522 vessels undergo maturation in order to form a functional
523 vascular system. This maturation includes vascular pruning,
524 remodelling, stabilization and finally cellular differentiation,
525 and culminates with the acquisition of a quiescent state [42,
526 71]. During the process of vascular maturation, there is a
527 progressive switch from active growth to a quiescent state.
528 This switch relies mostly on the withdrawal of pro-angio-
529 genic microenvironmental cues but also cell-intrinsic and
530 cell-to-cell contact molecular mechanisms [95]. This leads
531 to a significant decrease in endothelial proliferation and the
532 markers of angiogenic activity or sprouting. Most quiescent
533 ECs do not proliferate and have a very low metabolic and
534 gene expression profile. Quiescence is however a reversible
535 state. The quiescent phenotype is in general maintained until
536 ECs detect pro-angiogenic signals that can rapidly switch
537 them from a long-term quiescence to an active growth state
538 [71]. In an adult organism, the maintenance of a quiescent
539 and functional vascular network is critical for the struc-
540 ture and function of organ parenchyma, maintaining tissue
541 homeostasis. It is also becoming clear that maintenance of
542 vascular quiescence and homeostasis is not a passive pro-
543 cess, but involves the activity of several signalling pathways,
544 most of which were already introduced before as being key
545 regulators of angiogenesis.

546 Many signalling pathways required for the development
547 of blood vessels have been associated with the vascular mat-
548 uration process, and the recruitment of endothelial support-
549 ing cells, including pericytes and vascular smooth muscle
550 cells (VSMCs), has been shown to stabilize nascent blood
551 vessels and regulate the secretion of important extracellular
552 matrix components [67, 96, 97].

553 Besides the essential role of Notch during vasculogenesis
554 and angiogenesis, it has been shown that Notch signalling
555 it is also required throughout the entire vascular maturation
556 process. In the mouse retina model, it has been shown that
557 Dll4-Notch signalling activity is essential for the pruning
558 and maturation of veins and perivenous capillaries, but sur-
559 prisingly not for the maintenance of arteries [78]. Endothe-
560 lial-specific deletion of *Rbpj* leads to reduced vessel prun-
561 ing and mural cell recruitment, with an increase in vessel
562 sprouting and proliferation only in the venous areas. Despite
563 the Notch pathway components being highly expressed in
564 the arterial endothelium throughout life, they do not seem
565 to have a major function in their homeostasis [78]. Loss
566 of Notch1 in aorta endothelial cells results in a very mild
567 increase in EC proliferation [65]. In contrast to angiogenic
568 ECs, loss of Dll4/Notch signalling in the maturing vascular
569 plexus of the retina leads to cell cycle reentry [78], instead
570 of cell cycle exit, which is likely due to the lower basal levels
571 of VEGF/mitogenic stimuli in maturing/remodelling vessels
572 and the identified bell-shaped dose-dependent response to
573 mitogenic stimulation [11]. This highlights once again how
574 much the role of Notch and VEGF in EC biology depend on
575 mitogenic context.

576 Several studies also showed that the Notch signalling
577 pathway is essential to maintain the quiescence of some
578 organ vessels and their homeostasis. Pharmacological inhi-
579 bition or genetic deletion of different Notch components
580 such as *Dll4*, *Notch1*, or *Rbpj* in the adult and fully mature
581 endothelium results in enlarged vessels and increased vascu-
582 lar density and in some studies this was linked to an increase
583 in EC proliferation and vascular neoplasms [15, 98–101].
584 Overall, these studies raised important concerns against
585 the use of Notch inhibitors in the clinics and questioned
586 the safety of targeting the Dll4-Notch1 signalling axis. Tar-
587 geting this signalling pathway was before seen as a very
588 promising approach against cancer, since Dll4 blockade with
589 Dll4-Fc or anti-Dll4 monoclonal antibodies significantly
590 reduced tumour growth, even in tumours resistant to anti-
591 VEGF treatment [21, 22]. Now, these more recent studies
592 on the effect of Notch blockers in vascular quiescence reveal
593 potential secondary effects of those treatments and raise a
594 red flag in the use of anti-Dll4/Notch for cancer treatment.
595 Other studies suggested that the anti-Dll4/Notch effects on
596 quiescent vessels are reversible after treatment withdrawal
597 and may have less impact on organ physiology than initially
598 proposed [102].

599 The mechanisms triggered by Notch activation that
600 induce EC quiescence are still incompletely understood.
601 Mechanisms identified by overactivation of Notch signal-
602 ling in cultured cells may also be misleading, since the
603 range of genetic targets activated by Notch signalling is
604 dose-dependent and not easily modelled in gain-of-func-
605 tion assays, particularly in vitro. Nonetheless, several
606 factors downstream of Notch have been suggested to be
607 responsible for inducing EC quiescence by repressing pro-
608 liferation both in vitro and in vivo, such as Interleukin-33,
609 p27, thrombospondin-1, p21 and PTEN [103–106]. Alto-
610 gether, these studies point to Notch activation being a pro-
611 quiescence pathway that is essential to maintain vascular
612 homeostasis [15, 98–101].

613 Some other studies have linked the role of Notch in vascu-
614 lar quiescence with shear stress. These studies suggested that
615 vascular quiescence is a blood flow or shear stress-dependent
616 process, which is mediated by Notch-mediated suppression
617 of the cell cycle and the stabilization of cell-to-cell contact
618 mechanisms. These studies proposed that Notch signalling
619 activity is regulated by shear stress not only during arterial
620 development but also during adult arterial homeostasis [65,
621 66]. Surprisingly, a non-canonical and transcriptional-inde-
622 pendent Notch-mediated mechanism was also proposed to be
623 involved in endothelial barrier maintenance by Notch. Shear
624 stress promotes Dll4-dependent proteolytic cleavage of the
625 Notch transmembrane domain, which increases its avail-
626 ability to complex with other proteins as VE-cadherin, and
627 the Rac1 guanidine-exchange factor TRIO. This complex
628 allows to control adherens junctions and barrier function
629 independently of the role of Notch signaling in transcrip-
630 tional regulation [107].

631 Role of Notch in cardiovascular disease

632 The role of Notch in the adult vasculature after induced
633 cardiovascular disease was also analysed. In the hindlimb
634 ischemia model, *Dll1* haploinsufficiency impairs arterial
635 remodelling and blood flow restoration. *Dll1* expression is
636 restricted to arterial endothelium and its upregulation seems
637 to be required for the Notch-dependent arteriogenesis [108].
638 In line with this, Notch1 and Notch4 have also been shown
639 to be required for proper angiogenesis and blood flow recov-
640 ery in hindlimb ischemia models [109]. In another study,
641 Dll4 heterozygous mice were found to have more pial col-
642 lateral arteries and have reduced blood flow conductance
643 after femoral artery occlusion. Despite markedly increased
644 angiogenesis, tissue ischemia was more severe in these mice
645 [110].

646 The role of Notch signalling in atherosclerosis has also
647 been evaluated. Some reports have shown that endothelial
648 deletion of *Rbpj* reduces atherosclerosis progression, with

649 decreased secretion of inflammatory factors and leukocyte
650 recruitment [111]. In contrast, others studies have suggested
651 an atheroprotective role for Notch signalling and increased
652 expression of pro-inflammatory genes in the absence of
653 Notch1 [65]. Despite these opposing results, and diversity
654 of the proposed mechanisms, endothelial Notch signalling
655 seems to be very relevant for cardiovascular disease and
656 future studies will refine its role in these processes.

657 **Angiocrine functions of endothelial Notch signalling**

658 Apart from the widely known function of blood vessels in
659 delivering oxygen and nutrients, ECs are also involved in the
660 control of an extensive variety of other physiological pro-
661 cesses. Some of these important EC roles rely on the expres-
662 sion and secretion of either stimulatory or inhibitory growth
663 factors, morphogens or chemokines, popularly referred as
664 angiocrine factors. It has been shown that these endothelial
665 secreted factors are able to regulate the homeostasis, self-
666 renewal, growth and differentiation of neighboring cells or
667 resident stem cells [112]. Although Aristotle already sug-
668 gested an essential role of vascular structures during organo-
669 genesis [113], it was shown approximately 20 years ago that
670 liver sinusoidal ECs were involved in liver bud development
671 in a perfusion-independent manner [114]. Since then, many
672 studies have listed genes expressed by ECs, which can code
673 for potential angiocrine factors. Among those signals, Notch
674 was proposed to be such an angiocrine factor for its ability
675 to transmit signals by cell-to-cell contact.

676 One of the first results showing an angiocrine role for
677 endothelial Notch was obtained by analysing the role of
678 the Notch pathway in the bone marrow endothelium and
679 associated hematopoiesis. It was found that upon myeloab-
680 lation, ECs from the bone marrow niche are able to support
681 the self-renewal of the hematopoietic stem cell (HSC) pool
682 through expression of the Jagged1 and Jagged2 ligands and
683 subsequent Notch activation in HSCs [115, 116]. Later it
684 was also found that in steady-state conditions, endothelial
685 expression of DLL1 in the bone marrow and spleen regulates
686 monocyte fate, favouring the conversion of Ly6C^{hi} mono-
687 cytes into Ly6C^{low} monocytes. However, during ischemia,
688 DLL1 upregulation in arterial ECs leads instead to differen-
689 tiation of Ly6C^{hi} monocytes into macrophages that promote
690 arteriogenesis and allow tissue repair [117, 118]. It was also
691 found in the bone marrow that endothelial Notch signalling
692 induces the expression and secretion of the angiocrine fac-
693 tor Noggin. This bone morphogenic protein is required for
694 chondrocyte and osteoblast homeostasis [119].

695 Notch activation can also be detrimental for the homeo-
696 stasis or biology of the surrounding tissue. Notch activation
697 in sinusoidal liver ECs downregulates important hepatocyte
698 mitogens such as Wnt2, Wnt9b and hepatocyte growth fac-
699 tor [120]. This leads to impaired hepatocyte proliferation

not only during organ homeostasis but also in regenerating
conditions.

700
701
702 It was also shown in liver that mechanically stretched
703 sinusoidal ECs upregulate *Cxcl1* via Notch. The secretion
704 of this angiocrine factor leads to neutrophil recruitment
705 and subsequent formation of neutrophil extracellular traps
706 with microthrombi [121]. Moreover, it has been shown that
707 high levels of VEGFR2/Notch signalling in ECs results in
708 myocardial hypertrophy. An increase of endothelial VEGF/
709 VEGFR2 signalling leads to Notch activation in ECs, which
710 results in increased expression of *Adam12* and *Klk8*. The
711 upregulation of these two genes allows the release of the
712 heparin-binding-EGF and neuregulin1 ligands by ECs,
713 which promote their binding to ErbB receptors in neighbour-
714 ing cardiomyocytes, and consequently enhance their growth
715 [122]. Repetitive lung injury was also shown to result in
716 the upregulation of *Jag1* by endothelial cells. This ligand
717 activates Notch signalling in perivascular fibroblasts and
718 consequently enhances fibrosis [123].

719 A comprehensive knowledge of the organ-specific angi-
720ocrine functions by Notch is required to understand and pre-
721 dict the impact of pharmacological targeting of this pathway
722 in translational vascular medicine. The promising therapeu-
723 tic potential of tissue-specific and resident ECs may repre-
724 sent a target for angiocrine-mediated tissue regeneration/
725 biology, or for the amelioration of certain conditions such
726 as fibrosis [112].

727 **Role of Notch on vascular heterogeneity arising 728 from single-cell studies**

729 Recent scRNA-seq studies have allowed the comparative
730 analysis of the transcriptome of most ECs within most adult
731 organ vascular beds [63, 124–133].

732 Bioinformatics analyses of single-cell experiments were
733 used to study the differentiation of different endothelial cell
734 types during vascular development. An elegant scRNA-seq
735 study on developing heart vessels showed that venous cells
736 go through a gradual switch from a venous programme to
737 an arterial one characterized by higher Notch activity and
738 expression of target genes (*Efnb2*, *Hes1*, *Hey2*, *Gja5* and
739 *Gja4*) during heart development [47]. Analysis of adult
740 organ vessels has also revealed that there is a continuum
741 of Notch-related single endothelial cell identities along the
742 arterial-venous axis [14, 63, 133].

743 In the liver it was also found that this arterial-venous
744 vascular continuum correlated with the surrounding tis-
745 sue spatial heterogeneity or zonation. By combining sin-
746 gle-molecule in situ hybridization, scRNA-seq and paired-
747 cell sequencing, recent studies spatially reconstructed the
748 endothelial-hepatocyte zonation [134, 14]. Interestingly,
749 the spatial zonation related with Notch signalling follows
750 an oxygen gradient. Notch components and target genes

751 are highly expressed in the oxygenated portal nodes, which
752 comprise the hepatic arteries and portal veins. Notch expres-
753 sion and activity progressively decreases continuously in
754 capillaries towards the hepatic central veins [14]. Given the
755 role of Notch as a master regulator of cellular and transcrip-
756 tional heterogeneity it will be interesting to know its role
757 in the specification of this arterial-venous diversity at the
758 single-cell level in different adult organ vascular beds.

759 Conclusions

760 In the last years there has been a substantial progress in
761 the understanding of Notch signalling in endothelial cell
762 proliferation, sprouting, migration, vessel stabilization and
763 maturation. Both in vitro and in vivo studies have shown
764 how the spatial and temporal-context of an endothelial cell,
765 strongly influences the role of Notch on its specification,
766 proliferation and homeostasis. Despite significant progress,
767 still little is known about the complex genetic programmes
768 triggered by Notch that support these context-dependent dif-
769 ferences. Future single-cell and genetic studies and related
770 breakthrough technologies will certainly expand our under-
771 standing of how Notch controls endothelial heterogeneity
772 in different organs and tissues during development, homeo-
773 stasis and disease. The challenge will be to integrate the
774 immense datasets that will be generated and functionally
775 validate the therapeutic relevance of those findings.

776 While the induction of therapeutic angiogenesis may be
777 advantageous in cardiovascular diseases such as heart and
778 brain ischemia, hypovascular-related dementia, neurode-
779 generation and wound healing, its inhibition would be ben-
780 efiticial in inflammatory disorders, diabetes and cancer [1,
781 3]. Even though targeting Notch signalling as a whole is not
782 as vascular-specific as targeting VEGF signalling, it is still
783 one of the most important pathways for vascular biology
784 and homeostasis. In a adult organism, Dll4 (and Notch4) is
785 mainly expressed by ECs, and therefore it is still an attrac-
786 tive vascular-specific therapeutic target, particularly if issues
787 related with the induction of vascular neoplasms after its
788 inhibition in quiescent vessels are resolved. Future studies
789 may identify ways to interfere specifically with the Dll4/
790 Notch function during angiogenesis without compromising
791 its protective role on vascular homeostasis.

792 Therefore, a better understanding of the mechanisms that
793 control angiogenesis versus vascular homeostasis may be of
794 high therapeutic relevance. This may lead to the identifica-
795 tion of treatments with higher biomedical precision and less
796 undesired side effects.

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